

The Eastry Village News

August/
September
2018



Village Contacts

Ambulance, Fire, Police

999

Non-emergency Police

101

Community Warden

Karl Aylett 07811 271299

karl.aylett@kent.gov.uk

Gas Emergency

0800 111999

Highways Fault Reporting

03000 418181

Doctors Surgery

619790/ 611608

Emergency out of hours:

111

Parish Council

www.eastrypc.co.uk

www.facebook.com/EastryPC

Chairman: Nick Kenton

Vice-Chairman: Annie Wiles

Police Community Support - tel 101

PCSOs Kerry Skirrow

kerry.skirrow@kent.pnn.police.uk

Michael Bolt

michael.bolt@kent.pnn.police.uk

Neighbourhood Watch

611580 Sheila Smith

UK Power Network

105

C of E Primary School

611360

Head Teacher: Tim Halling

PTA Treasurer: Mrs Karen Rang

Clerk to Council

614320 Sarah Wells

(clerk@eastrypc.co.uk)

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Eastry, CT13 0LS

Village News

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Hard copies (c1930-2006) - Sandwich Guildhall Archives.

To view/study contact Town Clerk's Office 617197

Village Diary - kept at the Post Office, for all village organisations' fixtures, events & meetings.

Village Hall Bookings - Booking Clerk 614054

Village Forum - www.facebook.com/eastryvillageforum

Welcome Pack - information for people new to Eastry

Rosemary Barwick 611420

What's On and Local Events - page 4

Young People's Contacts

Young People's Club (next to the Gun Park)

Have fun and make friends
Admission free



Meetings: Tuesday 7pm - 9pm (Age 12-19)
Wednesday 6pm - 8pm (Age 9-16)
Thursday 7pm- 9pm (Age 12-19)

Contacts: Chairman Dick Laslett (07702 459332) dicklaslett@yahoo.co.uk

For party bookings or hall hire - contact Monica in Bubbles Nursery or the Chairman.

Incy Wincys

Baby and Toddler Group in the Young People's Club meet every Monday including school holidays (apart from bank holidays) 9.30am to 11.00am.

We have toys for all ages and arts and crafts and lots of music, singing and movement.

Also we provide a healthy snack for children and tea and coffee for parents.

For more info contact Sam or Ria on incywincys@hotmail.com

Rainbows

Meet on Mondays

Contact Ginny Harvey
on 611183

Brownies

Meet on Wednesdays

Contact Linda Clarke
on 614553

Guides

Meet on Fridays

Contact Jooles George
on 813752

10th DEAL EASTRY SCOUT GROUP

Group Scout Leader: Graham Baker 07837 430167 / 01304 611487

BEAVERS (5¾-8yr)

Monday 6pm - 7.15pm

Leader Elinor
07429 294539

CUBS (8-10½yr)

Tuesday 6.30pm - 8pm

Leader Emma (contact
Graham Baker)

SCOUTS (10½-14yr)

Wednesday 7pm - 9pm

Leader Vacant (contact
Graham Baker)

EXPLORERS (14yr+)

Meet every other Friday from 7.45pm to 9.15pm and focus on the Duke of Edinburgh Award Scheme
Contact: Graham

FOR BOOKINGS

Contact: Marion Wanstall (617854)
or the Group Leaders

NEW MEMBERS ARE WELCOME

Scouting is fun for adults too. If you would like to help then please call Graham.

Local Events

Woodnesborough Gardeners Club - Flower and Produce Show

Sunday 12th August at 2.30pm - Woodnesborough Village Hall

Eastry Horticultural Society - Annual Show

Saturday 18th August at Eastry Village Hall. Doors open to the public at 2.00pm until 4.30pm. See page 14 for details

East Kent Art Society (EKAS)

Thursday 16th August to Sunday 19th August 10.00 - 5.00pm

Members of EKAS will be holding an exhibition of original art at St Peter's Church in Sandwich

Dover Flower Club

Saturday August 25th. 1.30pm until 4.00pm. Garden Party in conjunction with Mig Kimpton in his garden at Beacon Hill Cottage, Little Mongeham.

Mig will do a mini demonstration followed by a Strawberry Cream Tea. Price to non-members is £15

Northbourne & Betteshanger Horticultural Society

1st September - 2.00pm. Northbourne Parish Hall

Autumn Show admission free

Sandwich Arts Week

Saturday 15th to Saturday 22nd September

Exhibition of the work of over 40 local artists work in St Peter's Church and the celebration of theatre, film, music, writing and poetry to be held in venues throughout Sandwich.

See website for details:

sandwichevents.org.uk/artsweek/arts-week-programme

Eastry & District Open Group EDOG

Monday 17th September 7.30pm - Church Hall

David Freud "The History of Eastry Court"

Dover Flower Club

Monday 24th September at Whitfield Village Hall at 7.15 pm.

Demonstration by Robin White - "The Link is Green": The competition is "Autumnal ~ Fruits & Flowers". Non-members welcome £6.

mariantownsley@btinternet.com or tel: 01304 832522

Neighbourhood Watch AGM

Thursday 27th September - 7.30pm Eastry Parish Room, Church St.
Guest Speaker: Andrew Barwick on the role of the First Responder as part of the Eastry Fire Service.

Eastry Local Interests Group (Elig)

Wednesday 26th September 7.30pm - Church Hall
Alan Buckman " Deal High Street - a wander through time"

Tilmanstone WI Coffee Morning

Saturday 29th September - Tilmanstone Village Hall 10.30 a.m. to 12 noon.
In aid of The Royal British Legion Poppy Appeal and WI Funds.

£1 entry for cup of coffee or tea and biscuits. There will be some fund raising stalls and a raffle.

Royal British Legion - regular monthly meetings at 11.00am at The Five Bells on third Sunday of the month (excluding August).

New ex-services and social members (no military service requirement) warmly welcomed.

Further details from Terry James 614245 or John Arnold 449842

Tilmanstone Village Market Tilmanstone Village Hall
First Saturday of the month 10.00am - 11.00am Admission 20p

Village Hall Events	
Big Breakfast	Saturday 15th September - 8.30am to 12noon
Bingo	Saturday 29th September. - eyes down 7.30pm
Kent Mobile Library Service	9.10am - 9.30am Fridays 3rd, 17th, 31st August 14th, 28th September
Coffee Break	Everyone welcome - Free refreshments Fridays 9.00am-12noon
Hearing Aid Clinic Fridays 10th August & 14th September 10.00am - 11.30am	

Disclaimer

The Editor reserves the right to cut, edit or refuse to publish any contributions and does not necessarily agree with opinions expressed in published articles. All advertisements in the magazine are inserted in good faith, but the magazine committee accepts no responsibility for any statement made by the advertisers; nor endorses the products or services offered.

Eastry Festival Fortnight

The Festival Fortnight started with the Teddy Bears' Picnic and a Jazz concert. It included the Flower Festival, three organ recitals, a concert by the Thanet Gospel Choir, activities at the Five Bells pub and finished with the successful Fete. A busy two weeks but so rewarding.

It got off to a wonderful start with The Teddy Bears' Picnic and Zip Line on the afternoon of Sunday July 1st. Some 45 children took part and really enjoyed a combination of a mouse hunt in the church, a teddy bear zip line off the church tower, a free picnic and the presence of Paul the magician.

Teddy bears of all shapes, sizes and types enjoyed the ride down the zip line and a great many of them insisted on returning for several more goes. Three men on the roof (Aiden, Owen and Bob) worked tirelessly all afternoon in the sun. Bob provided a great commentary which reassured both the teddies and their owners.



Bob with Ruby the Bear

On the ground Carole masterminded the teas, a teddy bear tombola, and a great raffle. Star prize was the magnificent Bear we called Ruby, possibly after a famous local resident or possibly because of some ribbon colouring on her. I have a feeling that this event is proving popular and will be back again next year.



On the Sunday evening we were treated to a free Jazz concert on the Recreation Green opposite the church featuring the Shawcross Trio. This was financially supported by donations and sales of raffle tickets with some great prizes. Any profits are to be spent on maintaining our magnificent old church. About 160 people came and it was really a stunning success.

We all enjoyed great music in a relaxed atmosphere and thankfully we were blessed with superb weather. Let's repeat it next year!

The annual church fete took place on Saturday July 14th at The Aumbry in Church Street as the final event of the Eastry Festival fortnight. As we all know this year we have been blessed with magnificent weather and the crowds came in their hundreds to enjoy this great event.



It was again staged in the wonderful gardens of The Aumbry by kind permission of Mr George Mathison to whom we are eternally grateful. I don't know the exact number of people who came but for three hours the site had a real buzz of activity and enjoyment. We heard music from The Deal Academy Brass Band, Shawcross and Friends, and Paul Cornwall.

Our announcer was Terry James, "the (Welsh) voice of Eastry". The children enjoyed excellent entertainment from the magician Chris Davison as well as a fantastic children's "Creation Station". Countless bargains were bought on the various stalls and people enjoyed refreshments in the form of ice creams, tea and cake, or a glass of Pimms.

Over forty people were involved in one form or another in running the fete and that followed many weeks of preparation. We achieved two things. We raised £2,766 for the essential upkeep of our magnificent ancient church (some parts of which are nearly 900 years old). And we witnessed the pleasure and enjoyment of so many people from Eastry and beyond, which was so good to see.

Our thanks are due to the sponsors of prizes which included Bayliss Travel, Hythe Bay Restaurant and Leeds Castle. Thanks also to our other generous sponsors who contributed to the flower festival and the fete. Thanks, too, to Eastry Primary School, and The Bruderhof Community for loan of tables and gazebos. And thanks to that great band of volunteers (some of whom are very new to the village) who contributed so much to the success of it all. Additional thanks to Dave Friend and his family for the use of his trailer and time in transporting tables, chairs and gazebos.

The church was open during the afternoon for people to be able to see the fantastic flower arrangements that had been created following the main flower festival. The "Flower Festival" had the theme of Peace and featured 13 major arrangements which were frankly stunning. Our thanks to Sue Cook and her talented team for not only giving us such a treat but also raising about £1,317 for the church.

The Festival itself was the brain child of our Rector David Ridley but probably not much of this would have happened if it wasn't for the commitment of Carole Finch who worked tirelessly to make sure everything went well for all of us. Our thanks to her as well as the great many others who supported the fortnight in so many ways.

Dr Alastair Carnegie

on behalf of the St Marys Eastry Events Team.



Visit to Arras and Vimy Ridge

Tuesday 18th September 8.00am depart Eastry; 8.30pm Depart Arras

Travelling by coach from Eastry we will go by Channel Tunnel to Calais where we take the 90 minute journey to Arras. On route we will stop at the British cemeteries of Arras taking a picnic lunch before driving to Vimy Ridge, site of one of the bloodiest battles of WWI.

Returning to Arras we will visit the town's Boves and have free time to take in the splendour of this beautiful town before a two-course dinner. During the course of the day we will have the services of a highly informed guide who will relay the history of the town's underground tunnels that sheltered soldiers and civilians alike and the tragedies in and around Arras that are often overlooked in the history of WWI.

At a point during the day, we will take time to visit the grave of one of our Eastry soldiers to lay a wreath at a small ceremony led by Rev David Ridley in memory of all that gave their life from our village.

The cost is £85 which includes coach transfers from Sandwich, Woodnesborough and Eastry, picnic lunch and a two-course dinner.

Spaces are limited, passport will be required.

Email Carole at carole.finch@hotmail.co.uk or call 01304 611847

Church Contacts

St Mary's Parish Church

www.eastrybenefice.co.uk

Clergy:

Revd. David Ridley	619619
Revd. Jennifer Pilcher	611472
Revd. David Willis	611959

Bell Captain:

Mick Johnson	07773 970475
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Organist:

Maureen Norman	366761
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Church Wardens:

Dr. Alastair Carnegie	813120
Jo Slater	619873

Assistant Church Wardens:

Mary Goosen	611306
Sue Brearley	761668

Church Hall Bookings:

Bob Barwick	611420
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Enquiries:

Please phone the office	611323
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Church Office

Benefice Office, The Church Hall, Church Street, Eastry, CT13 0HH

Wednesdays 11am - 1pm and Fridays 10am - 12noon

Tel 611323 e-mail - eastry.benefice@gmail.com

During out-of-office hours a message can be left.

Benefice Website

Please visit our website: www.EWBchurches.org.uk

Find us on Facebook at: www.facebook.com/EWBchurches

Friday Friendship Lunch Club

Fridays 10th August, 14th September Church Hall at 12 Noon.

Contact 611400

The Church Registers

Weddings

30th June	Katie Batten & Aaron Dale
21st July	Kylie Lambourne & Jake Price

Funerals

29th May	Irene Clegg (Thanet)
20th July	Jenny Stone (Barham)

Church Services

Sunday mornings at Eastry

Every Sunday: 8.00am Holy Communion (BCP)

1st Sunday, 9.30am Come and Praise in Church Hall

1st, 2nd and 4th Sundays, 10.30am Sung Eucharist

3rd Sunday 10.30am Family Communion

Evensong Services 6.30pm

5th August (Northbourne)

12th August, 8th September (Tilmanstone)

Wednesdays

10.00am Holy Communion Eastry Church Hall - all are welcome

Special Services

Sunday 23rd September

6.30pm (TBC)

Sunday 30th September

Benefice Service, 10.30am (Eastry)

Sing Along and Tea

Tuesdays 28th August, 25th September Church Hall 2.30pm - 4.00pm
We will sing old well-known songs and enjoy a cup of tea and cake.

There will be a raffle. Everyone is welcome. **CONTACT 611400**

Rector's Letter

At a recent funeral visit, I was reminded of a quote by Albert Pike, the American lawyer, soldier and journalist, who lived in the 19th century.

Albert Pike said this: *'What we have done for ourselves alone dies with us; what we have done for others and the world remains and is immortal.'*

Pike's words have a particular resonance in a world where our value is so often based upon our personal and material success: the amount of money we earn, the rank or status of our work, the power we are able to exert, our physical prowess, our looks.

None of this in itself is wrong; on the contrary it is surely a good thing if we try to better ourselves, to make the most of our God-given gifts. However, it all becomes rather distorted if our only motivation and desire is to promote ourselves and raise our own status.

At the very heart of Christian faith, and indeed many other creeds, is the importance of community. The Holy Trinity, the fundamental belief of Christianity, speaks of God himself/herself as community – three persons in one God. To be human is essentially to be a part of a community; in fact, whether we like it or not, we are deeply mutually inter-dependent – we need our friends and our family, we need each other. In my experience, there is nothing more enjoyable and life-enhancing, than spending time in fun and laughter with others.

But for community to flourish, it has to be as much about contributing as taking – giving of ourselves so that others may be encouraged, nurtured and supported.

The person, about whose funeral I was referring at the start, had in her life fostered over 200 children. We can only begin to imagine what an impact she will have had on the lives of so many; but it will have been achieved with not inconsiderable self-sacrifice - as well as offering, I am sure, deep fulfilment.

‘What we have done for ourselves alone dies with us; what we have done for others and the world remains and is immortal.’

We all need to look after ourselves and we all have direct responsibilities towards our families; but perhaps we can look to find satisfaction less in our own self-glorification, and more in our service to others.

David Ridley

FOOD BANK AT EASTRY



The Food Bank at Eastry is open between 10.30am - 12.30pm each Monday in the Church Hall, Church Street Eastry, (except for Bank Holidays). Vouchers are available from the Pharmacy, the Community Warden and the Vicar. A welcoming banner is

displayed outside the Church Hall when it is open.

Gifts for the Food Bank can be left in a bin at the back of the Church any day between 10.00am to 4.00pm

In the Garden

It was so wet in June last year, I thought about growing rice, what a difference this year? Some plants have really suffered, but my cactus, salvia and roses have enjoyed the hot weather, albeit that the flowers do go over quite quickly.

My salvia "Hotlips" has put on a good show and my rose "Tequila Sunrise" has looked its best for years.



Editor's note:

The pictures on the left are of the same rose - it does change colour!

Remember last Christmas, I told you not to throw away any potted miniature roses that you may be given as a gift, but to plant them in the garden? My wife Dot was given a miniature rose which flowered lovely indoors over Christmas. In the new year, when all the flowers were over, I planted it in the border at Brambling House. You will see from the photograph, it is not only doing well, but producing lovely red roses.

I have been a member of the Eastry Horticultural Society for "donkey's years" (where does that saying come from?), a retired Chairman and now a Vice President. This year, I had the privilege to judge their Spring Flower Show and visit their Summer Flower Show.



If you have an interest in any form of gardening, don't be put off by the word "Horticulture" (I know it sounds a bit posh) but I can guarantee you that all the members just have a love for "gardening" in some form or other, and they love to meet up once a month to listen to speakers, exchange gardening problems and catch up with village gossip.

They have their Annual Show on Saturday 18th August. Why not take an hour off and pop into the Village Hall to have a look at the exhibits, have a cup of tea and a slice of cake. I wish I had £1.00 for every time I have heard visitors say, "I've got better than that in my garden".

Thank you to everyone who enquired about my gardening project at Brambling House, where my wife Dot is a resident. It has been hard work, as there is very little depth of top soil and then underlying chalk. It has been trial and error with a lot of plants. They soon tell you that they are not suited to the conditions. The containers that I planted up earlier this year are now looking their best; runner beans, courgettes, squash and tomatoes are producing fruit. The residents have enjoyed the delicious strawberries, that this year have been in abundance. I'm getting things "spick and span" (where does that saying come from?) for their fete on Saturday 18th August (so after you have been to the EHS Flower Show, come and join in the fun at Brambling House). I'm still in need of more perennial plants, so if you need to divide yours later this year, please think of me.

I was reading an article recently which referred to eight Victorian summerhouses on a Midland's allotment site having been listed on a national "At Risk" register. This could apply to a shed on our own allotment site (hopefully its still there). I can remember back in the 1960s all allotment holders (especially on a Sunday morning) being invited into Bob Cork's hand-built shed, for a cup of tea and a chat. Bob spent many, many hours on his allotment and in his shed. I'm sure there are lots of constructions on allotments all over the country that should come into the "At Risk" category, especially when you can view them from a train window.

I know I haven't given you any jobs to do, but in this heat, it may be best to sit in your garden under the sun shade, a drink in one hand and the Village News in the other and take things easy.

Whatever you decide to do, enjoy your garden,

Art E. Choke



Eastry Cricket Club

website: www.eastrycricketclub.com
 email: hazel@eastrycricketclub.com
www.facebook.com/EastryCricketClub/

Fixtures

SATURDAY XI

Aug 4	Bilsington	Away	2.00
11	TBA		
18	Elham Valley	Home	2.00
25	Tour	Home	2.00
Sept 1	Selling	Away	2.00

SUNDAY XI

Aug 5	Northdown	Away	2.00
12	Nelson	Home	2.30
19	Pegasus	Home	2.30
26	Tour		
Sept 2	Tilmanstone	Home	2.00

EHS Annual Show

The Eastry Horticultural Society is holding its 2018 Annual Show on Saturday 18th August in the Village Hall. Doors open to the public at 2.00pm until 4.30pm.



The show promises to be spectacular with dahlias, roses, fuschias and gladioli on display, to name but a few.

The fruit and vegetable sections have to be seen to be believed, as do the entries for the craft and domestic sections.

There will be a tombola to try your luck and a chance to enjoy a cup of tea and piece of cake.

The presentation of trophies will be

at 4.00pm.

This is an 'Open' show, so why not come along and enter some of the classes.

Anyone wishing to participate should contact Show Organiser, Brenda Burton on 01304 614054

Forthcoming events:

August 14th DVD on Gardening 7.00pm for 7.30pm
(Please note this is a change to the original programme)

September 11th Gardening for Wildlife 7.00pm for 7.30pm

If you would like to join the Society contact Chairman Peter Bailey at peter.bailey68@btinternet.com

Flower Display Winner

At the County Show, Sheila Smith won the Evelyn Ogg Cup for the Best Exhibit of Decorative Flowers and Foliage Classes in the Kent Federation of Horticultural Societies Show held at the event.

Waggy Tails

Nicola Barwick has started a door-to-door dog walking service called Waggy Tails. The cost is £10 per hour.

For details please call Nicola on 07857 056758 or email nicolabarwick1972@yahoo.co.uk

Eastry Parish Council – Village Caretaker

Let us introduce your new village caretaker Richard who, as a local resident of several years standing, is committed to keeping his village clear of litter for Eastry Parish Council.

Richard was born in Croydon and attended school in Dulwich and during his years in the city of London, working for several large commercial firms, gained a great deal of experience at all levels, finally leaving his full-time work for one of the largest, legal firms in Europe to care for his disabled wife.



collecting litter near Buttsale pond

You may recognise him from appearances in the local pantomimes (Oh no you can't) where he uses his artistic flair to create backdrops and scenery.

In addition to litter picking Richard also services the village public conveniences, sweeps footpaths, cleans drain covers, cuts back vegetation from road signs and will be liaising with DDC over areas that fall within their remit.

He hopes to meet with as many of you as possible and do his best to keep the village in tip-top condition.

Speed Watch

Following the article in the last issue of the magazine, we have had three people volunteer to join a speed watch scheme. We need a minimum of six to proceed.

Would like to become a **Speed Watch** volunteer?

Please Contact Sarah Wells, Clerk to the Parish Council at clerk@eastrypc.co.uk

To volunteer you must be 18+, be willing to commit to training and be available to operate speed watch during the day at peak times, 7.30am – 9.00am and 3.00pm to 6.00pm. Teams of three usually work for about an hour at a time.

The initial online training takes 40-60 minutes and can be done at home. The roadside training to use the SID (Speed Indication Device) takes around 30-40 minutes. You are then approved to operate roadside.

EASTRY is running!

Several people have told me they've started on the running programme we published in the last edition of EVN, and there do seem to be more people running through the village.

Although the weather may not be so swelteringly hot by the time this issue lands on your mat, I thought it would be useful to include some hot-weather exercise tips in this follow-up article, for those new to exercising.

- When the sun's out, **ALWAYS** wear sunscreen – at least factor 30 - even if there's a breeze (and particularly on the back of your neck). And wear a hat that keeps the sun off your face. There are sports-caps that allow the sweat to wick away and don't make you feel hotter.
- Wear what is called a 'technical' exercise top. These are made from specially manufactured material that keeps you cool and dry – even when you sweat. Your normal cotton T-shirt will become wet and very uncomfortable. I wear long-sleeve tops in the summer that also have a factor 50 UVA protection. Putting your kit in the freezer for 20 minutes before you go out is also a good idea in hot weather.
- Drink plenty of water. This is something you need to do all year round, but is particularly important in hot weather when you will sweat more.

We regularly hear that we should drink around two litres a day, but how important is it to be fully hydrated? And how can we tell if our hydration levels are low?

It's been estimated more than 96% of the UK population is permanently dehydrated, with low hydration levels contributing to lethargy, headaches, aching joints and poor concentration.

Our bodies need water to enable our cells and organs to function at their optimum level. Optimum hydration levels have been shown to increase metabolic rates by in excess of 25%.

Don't use thirst as an indicator of your hydration levels - just drink little and often throughout the day. Remember that caffeine-based drinks and alcohol have diuretic properties and will speed up the fluid loss process.

If you are working in an office or at home a lot of the day, it's easy to keep a one litre bottle of water handy and make sure you drink its contents twice during the day. When you first do this, you may be surprised at how little you are actually used to drinking.

During any health and fitness training you need to take on board sufficient fluids to enable you to exercise as effectively as possible. Always keep a bottle of water with you or use a backpack hydration system.

If you are suffering from headaches, tiredness, poor digestion or lack of concentration, you could be dehydrated. One quick way of checking is by what is called the 'pee test'. If your urine is dark yellow, then you are dehydrated; if it is very pale or clear you are sufficiently hydrated. Your water requirements will change every day, so do be conscious of how much of it you are drinking – particularly if you have taken up running or any other form of exercise, when you will probably need to increase your consumption.

Lesley Daley

A Second Retirement?

Over the past five and a half years, I have been to four pantomimes, twenty swimming lessons, three Broadstairs beach visits by train, four visits to the South Foreland Lighthouse, twice to Wingham Wildlife Park, once to Port Lympne, once to the Wild Wood school, once to Rochester Castle/Museum, twice to the Dover Museum, twice to Quex Park, once to Eastry Fire Station, three times to Dover Castle, twice to Betteshanger Park, and to several wonderful and uplifting Eastry Church services, as well as two mornings a week in a classroom. You have probably guessed by now that all these interesting, enjoyable and good fun experiences have one thing in common, being with pupils and staff of the Eastry Church of England Primary School, in my role as a volunteer.

It has been my privilege to spend two mornings a week in the classroom with Year Two. Having been a teacher at Sandwich Technology School for twenty years, it was quite a change to be with much younger children in the earlier stages of their learning and development, and so interesting and exciting to watch their knowledge and abilities grow week by week.

All the above is only half the story. Hopefully I have helped, in a small way, with the education of all the children I have known, and as I have travelled quite a bit over these years, have brought to the classroom tales of other parts of the world, but what of the other half? How to explain the benefits of these experiences to me? I have been involved, and felt very much part of, a really super first class primary school, welcomed by the staff and pupils alike. My time in school has been enjoyable, interesting, demanding at times, but overwhelmingly fulfilling, a very important part of my daily life.

You don't have to be a retired teacher like me to be a volunteer. All that's needed is a love of children, a commitment to their well-being and growth of knowledge, the returns are impossible to measure, and although I have decided to retire this term, (more travel and adventures beckon) hopefully there will be times when I shall be able to help out again, a few more class visits perhaps?

My thanks and best wishes to a very special school, I shall miss you all VERY MUCH!

Christine Read



Eastry Twinning Association



Twinning Weekend 2018

This year's twinning weekend took place in our twinned village of Longpré-les-Corps-Saints from 22 to 24 June. A group of 25 of us left sunny Eastry at 3.30 pm and we arrived in Longpré about 9.00 pm French time. We were warmly met by our hosts at l'hôtel de ville and then we proceeded to a function room for the usual reception. After some refreshments and the welcome speeches, we presented our French friends with some souvenirs. Given the appalling destruction that took place in and around Longpré during WWI, ETA presented our friends with an engraved French brass shell case from that era. On behalf of the Eastry Branch of The Royal British Legion, we also presented an evocative and celebratory fin de guerre cartoon by Dave Chisholm. Our friends were enchanted with both gifts.

On the Saturday morning we visited l'Abbaye de Valloires and its gardens. We had an informative guided tour of this 12th century Cistercian abbey with an excellent impromptu translation by Jeannette Smith.

In 1922 the abbey was bought by Therese Papillon and her brother, Jean, a priest, and turned into a home for over 300 children suffering from TB. Since 1974 the abbey has been a home for under-privileged children and those with social difficulties. After a splendid lunch we were free to wander in the delightful abbey gardens. Originally kitchen and medical gardens, they were turned into ornamental gardens as recently as 1987.



Hosts and guests at l'Abbaye de Valloires

On the Saturday night we attended a special mass at the church in the village of Long, Longpré's near neighbour. The mass celebrated la Fete de la Saint-Jean-Baptiste. At the end of the mass a procession led by the statue of St John the Baptist paraded to the centre of the village where a mammoth bonfire had been erected. Many in the parade were carrying flaming torches, including yours truly. When the parade reached the

bonfire the torch bearers circled it and thrust their flaming torches into its base. Soon all was ablaze and the surrounding buildings were diligently sprayed with water from the hoses of the local pompiers. The bonfire was accompanied by a firework display with music provided by the local brass band. A totally unique experience.

The Sunday morning is traditionally given over to the annual petanque match for The Ashes/Les Cendres – no need to dwell on that, petanque is not coming home! Following the match, hosts and guests met once more in nearby Long. Our French friends had arranged for us to have a picnic in the landscaped gardens of le Château de Long. The setting was superbe, the food was déliceuse and the company was charmant.

After lunch we were free to explore the enchanting gardens which were bounded by the River Somme. And then it was time to gather again at l'hôtel de ville and say our fond farewells. What a weekend – probably one of the best out of many great weekends.



Terry James

Au revoir - hosts and guests outside l'hotel de ville

Eastry Recovers a “Vinegar Bible”

In an article in the Dover Express in September 1935, the paper reported that St. Mary's Church, had recovered its missing copy of the “Vinegar Bible”, a rare edition printed in 1717, in which, through a compositor's error “vinegar” is printed instead of the word “vineyard” in the parable of the vineyard in St. Luke's gospel. The Bible contains many other mistakes besides the reading from the vineyard, and because of this at the time it was referred to as “a Baskett-ful of errors” after J. Baskett of Oxford, who had printed it.

The Bible had been found in a second-hand shop by a clergyman living near Bishop's Stortford, who bought it for 30 shillings. It bears the inscription:- “St. Mary, Eastry, Kent. Rev. George Randolph, vicar; Thomas Moulden, Thomas Castle, churchwardens, 1882”.

Today this Bible can be seen on display in a locked cabinet in the west end of the south aisle.

Douglas Welby

School of Fun

The School of Fun will start running fantastic weekly drama classes for 7-16 year olds with a difference starting in September. It will focus on the core skills of developing confidence; building performance skills and most importantly having FUN.

School of Fun is run by Eastry residents - Andy and Lucy Godfrey who bring with them a wealth of experience. Andy - Creative Director of School of Fun and drama teacher of 18 years explains:

“When I started teaching, ‘fun’ was at the centre of the Drama curriculum and I saw the way it helped young people develop in confidence and helped them excel in whatever path they chose. Resilience is one of the current buzzwords in the education system and it is a really important asset. To be able to take failure in your stride is just as important as dealing with success. Drama allows young people to build resilience through practical activities.

Our curriculum is unique and we mix games, masks, puppets, circus skills with a wide range of drama activities. We will explore exciting texts, learn about improvisation and explore leading theatre practitioners.

Lucy has over 15 years’ experience of working professionally in the arts. Starting her career as a Arts Council funded writer/director, touring her work nationally, including appearances at the Edinburgh Fringe. Moving then into Arts Programming and Festival/Venue Management.

Most recently Lucy, has worked as a Theatre Producer, touring internationally with the large-scale site responsive company dreamthinkspeak, as their Executive Producer and as an Associate Producer for The Globe Theatre, London.

Together Andy and Lucy share the same objectives for all students of the School of Fun – to develop confidence, build performance skills and most importantly ensure that they have FUN.

Weekly classes at Sandwich Technology School start on Tuesday 4th September with three sessions for various age groups. They will run during term time and require advance bookings for each term. The cost is £7.50 per week. Booking is essential to guarantee your place.

5.00pm – 6.10pm = 7-10yrs

6.10pm – 7.20pm = 11-13yrs

7.20pm – 8.30pm = 14-16yrs

Further information, contact Lucy Godfrey - lucygodfrey@yahoo.com or 07933 245692

www.facebook.com/SchoolofFunDrama

Bird Watching with Big Nick

By late August many of the birds that visit us for the summer will have started their journey south to warmer climes.



Ringed Plover

On the face of it, this is a little depressing as it seems only a short time ago their arrival heralded the start of summer. However, it is exciting news for bird watchers – many species which breed further north arrive in Kent on their migration and they tend to linger longer now than on the rush to reach the breeding grounds in spring.

Adult cuckoos will be well on their way to the wintering grounds of Gabon, Cameroon and the Democratic Republic of Congo in Africa. Swifts, turtle doves and many others are on the move.



Dunlin, still in summer plumage



Sanderling

If you take a walk along the beach over the next couple of months, keep your eyes open for flocks of waders resting up, especially at high tide. Quite often the first you see of them is when they fly off because you've got too close, but they will usually settle again a few hundred yards further along the beach.

Mixed flocks of dunlin, ringed plover and sanderling can often be found at Sandwich Bay.

In the garden you should still see the usual birds – blue and great tit and

possibly, if you're lucky, coal and long-tailed tits as well as robin, dunnoek, blackbird and other familiar garden birds. Their numbers may be swollen by juveniles and birds moving into the area from further north.

Watch out for the two commoner woodpecker species, green and great-spotted woodpeckers. The former can often be seen looking for ant nests on lawns and other areas of short grass, like graveyards and horse paddocks. The latter will often come to nut feeders in the garden. Male, female and juvenile great spotted woodpecker all look slightly different. The male has a red patch at the back of the neck; the juvenile has a red crown and the female, no red on her head at all.



Green woodpecker, the red moustache makes this a male



Great spotted woodpecker (red on top of head = juvenile)



Great spotted woodpecker (red on back of head = male)

There are many other species on the move at this time so you could quite possibly see something unusual.

Good luck and keep looking.

Nick Smith



Meetings:

5th September – Games and Gossip

3rd October – Quiz Night

7th November – AGM and Members Show

Eastry WI is planning to decorate the railings of the Village Hall with knitted, crocheted or felt poppies for Remembrance Day 2018. If anyone in the village would like to contribute we would be delighted. We do not have a particular pattern or size and would welcome any donations. Our craft group meets at the Church Hall on Tuesdays at 9.30am so drop in and see us, or please ring me if you would like further information.

Time flies when we're having fun and that certainly has been the case for Eastry WI.

Our visit to Godinton House Gardens at Ashford was a delight, a garden full of colour, but so peaceful wandering around the different areas and our secretary got caught having a go on a swing hanging from a tree branch, sometimes you just have to try these things!

A further visit to Bugsy's at Margate with even more members was well received and we have managed a 'taster session' of Walking Netball after Northbourne Park School offered us the use of their courts. Although a hot day it was great fun and we look forward to being able to run regular sessions.

Our beading and stone painting workshops were well received and many members said they would like more hands-on activities, whilst Lunch Club will be trying a new venue at Quex Park in July.

On more serious matters our Resolution 'Mental Health Matters' received an overwhelming acceptance vote at the AGM in Cardiff. We now await further information from National Federation telling us how we can take this campaign forward.

Sue Hankins

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A Village Remembers

80450 Lance Bombardier Alfred Bing M.M. Royal Field Artillery
Killed in Action near Rosieres, France Saturday 17th August 1918

Despite being the only A. Bing with local connections being recorded by the Commonwealth War Graves Commission and Soldiers Died in the Great War, initial research into this man threw up a couple of anomalies which made it doubtful that he was, in fact, the man named on our War Memorial. His Military Record shows that, when he enlisted at Dover on 10th August 1914 he gave his age as 28 years 335 days, whereas the only birth record to be found was for 1879, making him around 35 years of age. He also gave his place of birth as Walmer, but the 1881 and 1891 Censuses give his birthplace as Surrey (Stoke in 1881).

However, his Military Record shows his next-of-kin as Mother Sarah and two younger brothers, Henry and Thomas (who was already serving in the 21st Lancers in 1914). These family members are all with him in 1881 & 1891. This would suggest that Alfred reduced his age by some seven years when he enlisted, not an uncommon occurrence in the early days of the War.

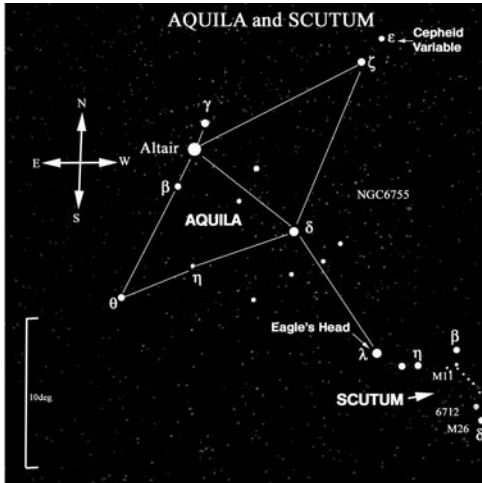
Alfred's connection to Eastry appears on the 1911 Census, when he was recorded as boarding with Henry and Elizabeth Kemp at Thatch Cottage, Eastry Mills and working as an Agricultural Labourer.

The Battle of Amiens had begun on 8th August, signalling the start of the Hundred Days Offensive which would lead to the Armistice on 11th November. In August 1918 the 63rd Brigade Royal Field Artillery were at Rosieres, 32 miles East of Amiens, supporting units of the Canadian Army. There are no casualty figures given in their War Diary, and indeed there is no entry at all for 17th August to give a clue as to how Alfred lost his life. He seems to have been just another unnamed victim of the day-to-day attrition on the Western Front.

Alfred's Medal Card shows his date of entry to the Western Front as 1st June 1915, and that he was awarded the 1915 Star, the British War Medal and the Victory Medal. His Military Medal is also recorded but with no further details. This medal was presented to Alfred's mother Sarah in a ceremony in Ramsgate at 11.30am on Saturday 4th January 1919 by Brigadier-General John Marriott, the Commander of 221st Mixed Brigade, before a parade of 21 Battalion Highland Light Infantry.

Lance Bombardier Alfred Bing, Military Medal is buried in Grave I.C.12 in Caix British Cemetery, some two and a half miles East of where he fell, and where he was originally interred in a battlefield grave. The cemetery was started after the Armistice when graves from March and August 1918 were bought in from the surrounding battlefields and small cemeteries.

The Constellations of Aquila and Scutum



During August and September the Summer Triangle is prominent in the southern sky. The three stars making up this triangle (1) are Vega (α - Lyra) , Deneb (α - Cygnus) and Altair (α - Aquila).

The constellation of Aquila (The Eagle), in the Milky Way, is one of the 48 constellations identified by Ptolemy in the 2nd century AD.

The brightest star, Altair (mag. 0.8) is only 16.6 light years from us. There are several variable stars in Aquila including the classic Cepheid variable*,

ϵ -Aquila (mag 3.5-4.4). There is a mag 7.5 open cluster, NGC6755, to the right of δ -Aquila whose position is shown in the picture.

Summary of the Roman Legend for Aquila (2,3)

Ganymede was the son of Tros, first king of Troy. He was a sheep carer on Mount Ida. Jupiter, king of the gods, was very impressed by this handsome young prince. He turned himself into a golden eagle so he could transport Ganymede to Mount Olympus to serve as the cup-bearer of the gods. He replaced Juventus, daughter of Jupiter, who previously occupied this position. In memory of this, Jupiter placed the eagle in the heavens as the constellation Aquila (eagle), and immortalized Ganymede as the constellation Aquarius (water bearer).

The Constellation of Scutum(4)



Just south of λ -Aquila (the eagle's head) is the constellation of Scutum (the Shield) which is the 5th smallest constellation in the sky just below the head of Aquila and is one of the 88 constellations listed today . Its complete shape is shown in the separate picture (5).

The Wild Duck Cluster, M11(5), mag.6, is one of the best star clusters visible in the Summer sky. It has a triangular shape, with over 3000 stars and is easy to see with binoculars.

Another fainter star cluster, M26, mag. 8, is also visible together with a faint globular cluster,

NGC6712, mag.8.5. Their relative positions are shown in the picture. These are all best viewed with a telescope.

The constellation was identified in 1684 by the Polish astronomer, Johannes Hevelius, in honour of his King, John III Sobieski, who together with the Habsburg Monarchy, and the Holy Roman Empire, successfully defeated the Ottoman Turks who had besieged the imperial city of Vienna in 1683. Originally the constellation was called Scutum Sobiescianum ("Shield of Sobieski"), but later shortened to just Scutum.

Michael Kinns

References

*The relation between the luminosity and the period of Cepheid variable stars was discovered by the American Astronomer Henrietta Swan Leavitt.

1. <http://www.constellation-guide.com/summer-triangle>
2. <https://www.windows2universe.org/mythology/ganymede.html>
3. David E. Faulkner, "The Mythology of the Night Sky- An Amateur Astronomers Guide to the Ancient Greek and Roman Legends", ch. 6 and Appendix B, Patrick Moore's Practical Astronomy Series, published by Springer
4. <http://www.astronomytrek.com/star-constellation-facts-scutum/>

Karl Aylett

We welcome our new Community Warden Karl Aylett to the village.

After a nine year career with Kent Libraries, Karl wanted to change to a role where he was able to meet more people face to face. So after two months training at Maidstone, he is now the Kent Community Warden for Sandwich, Eastry and Ash. He is getting himself known and will be spending two days a week in Eastry, one of which will be on a Friday so that he can attend the Parish coffee morning in the Village Hall.

Karl lives in Ramsgate and has two young sons and so is particularly keen to visit the schools to meet the children and to give talks to them. He will also be receiving training to be able to issue Food Bank vouchers.



If you need to contact Karl, his details can be found on page two of each issue of the Eastry Village News.



Neighbourhood Watch

Two new PCSO's are now covering our patch ie the Eastry Ward. They are based in Sandwich and are Kerry Skirrow and Michael Bolt. To get in touch with either of them telephone 101 and ask to forward a message to the PCSO and leave your telephone number or see information on page 2.

Today I have had one of those 'phone calls inviting me to extend my insurance cover on the washing machine. Put the phone down, this is a scam. It is a way of getting your personal details which can then be forwarded to other scammers and you will be inundated with offers that are too good to be true. So never give your personal details, never part with money or be coerced into going to the bank to withdraw money. These scammers are brilliant actors so don't fall for their charms and tempting offers. Also, this morning I have seen a doorstep seller of household goods, these young men usually tell the householder one of a number of tales e.g. ex-military looking for a job or ex-probationer needing money for college fees. This is a fraud, they are employed by a firm that drops them off in the village and will be taking most of the money that you part with on the doorstep. Always remember to support your local shopkeepers who you know and trust.

A question was asked this week about charity collection bags delivered through your letterbox. The charities that you think you are supporting will only receive a fraction of the income, so take your unwanted goods to the charity shops of your choice and always read the small print on the collection bag.

The Dover Area Neighbourhood Watch AGM was very well attended. The main talk was on the subject of protecting computers, iPads and smartphones from fraud. The police also alerted us to the problems of not being able to identify the owners of any tools and household items that they retrieve after burglaries and van break-ins, so please mark all of your valuables and take photographs. SMART WATER is a product available to purchase for your belongings, the police can only afford to use it in vulnerable areas. Ask for more details from the KCC Warden. As for expensive work tools, they all look so similar that it is difficult to find the true owner. Vans should be emptied every night and reloaded in the morning.

Dover District Council has recently produced a booklet full of useful information for the retired, it is called Later Life and we have managed to get a few for the village, but do contact our Warden Karl for more copies for the village.

Keep Safe - Sheila Smith

Chair Eastry Neighbourhood Watch.

Any Excuse!

I imagine it's almost too predictable to say why I didn't put an article in the last edition of the magazine, except to say in a few words - heart attack - heart operation - back in with pneumonia - nightmare!

I felt dreadful - so sorry, the last thing on my mind was in writing poetry. However I would like to say a big thank you for all the cards and good wishes sent to me and to say "the old girl" is recovering slowly, but it seems to be taking a longer time than I would like at the moment. I am a nervous wreck thinking its all going to happen again, but in the meantime thank you for your good wishes once again. I have been writing for this magazine for about eighteen years now and would really like to make it to twenty so the old ticker has got to keep going! **Rose Beer**

A Fine Romance - Part One

Two little old men in the winter of their lives
Went out one day in search of two wives.
They walked down the high street and past the town hall
These little old men had no luck at all.

Down to the seafront for a stroll on the sand
Sun glasses gleaming, newspapers in hand
They sat on the pier and studied page three
Cor! one like that would just do for me!

Off came the shirts down to white string vests
Flabby white skin and white hairy chests
Off came the shoes and the socks too
Corns and bunions and feet turning blue.

Two fat little ladies came walking their way
The old men winked and said "have a nice day"
The little ladies with big double chins
Looked at the men and started to grin.

They'd been eating candy floss that had stuck to their face
The old men's pacemakers started to race.
With trousers rolled up revealing knobbly knees
Off the four went for cod, chips and peas.

Old feelings arose of longing desire
Hearts beat faster and blood pressure shot higher.
They discussed their new hips and spoke of new knees
(Ethel didn't like hers so she gave Bert her peas).

Soon it was time for a peck on the cheeks
All of them arranging to meet same time next week.
So with vinegary lips they pecked farewell,
So read next month's edition a romance to foretell.

To be continued - bet you can't wait?!



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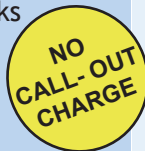
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