

Village Contacts

Ambulance, Fire, Police **Police Community Support**

Telephone 101 999

Non-emergency Police PCSO Emma Carmichael 58778 Emma.carmichael@kent.pnn.police.uk

101

Rural Community Warden

Neighbourhood Watch 07811 271299 611580 Sheila Smith Karl Avlett

Gas Emergency **UK Power Network**

0800 111999 105

Highways Fault Reporting

03000 418181

C of E Primary School **Doctors Surgery**

619790/611608 611360

Head Teacher: Tim Halling **Emergency out of hours:**

111 PTA Treasurer: Mrs Karen Rang

Parish Council Clerk to Council www.eastrypc.co.uk 614320 Sarah Wells

(clerk@eastrypc.co.uk) www.facebook.com/EastryPC

3 Gore Terrace, Gore Road Chairman: Nick Kenton Eastry, CT13 0LS Vice-Chairman: Annie Wiles

Village News

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Distribution: 614085 Iris Mollart

Archived copies: (from 2007) www.eastrypc.co.uk/evns.asp

Hard copies (c1930-2006) - Sandwich Guildhall Archives.

To view/study contact Town Clerk's Office 617197

Village Diary - kept at the Post Office, for all village organisations' fixtures, events & meetings.

Village Hall Bookings - Booking Clerk 614054

Village Forum - www.facebook.com/eastryvillageforum

Welcome Pack - information for people new to Eastry Rosemary Barwick 611420

What's On and Local Events - page 4

Young People's Contacts

Young People's Club (next to the Gun Park)

Have fun and make friends Admission free

Meetings: Tuesday 7pm - 9pm (Age 12-19)

Wednesday 6pm - 8pm (Age 9-16) Thursday 7pm- 9pm (Age 12-19)

Contacts: Chairman Dick Laslett (07702 459332) dicklaslett@yahoo.co.uk

For party bookings or hall hire - contact Monica in Bubbles Nursery or the Chairman.

Incy Wincys

Baby and Toddler Group in the Young People's Club meet every Monday including school holidays (apart from bank holidays) 9.30am to 11.00am.

We have toys for all ages and arts and crafts and lots of music, singing and movement.

Also we provide a healthy snack for children and tea and coffee for parents.

For more info contact Sam or Ria on incywincys@hotmail.com

Rainbows	Brownies	Guides
Meet on Mondays	Meet on Wednesdays	Meet on Fridays
Contact Ginny Harvey on 611183	Contact Linda Clarke on 614553	Contact Jooles George on 813752

10th DEAL EASTRY SCOUT GROUP Group Scout Leader: Graham Baker 07837 430167 / 01304 611487

BEAVERS (5%-8yr)

Monday 6pm - 7.15pm

Leader Elinor
07429 294539

CUBS (8-10½yr)

Tuesday 6.30pm - 8pm

Leader Emma (contact
Graham Baker)

SCOUTS (10½ -14yr)

Wednesday 7pm - 9pm

Leader Vacant (contact
Graham Baker)

EXPLORERS (14yr+)

Meet every other Friday from 7.45pm to 9.15pm and focus on the Duke of Edinburgh Award Scheme Contact: Graham

FOR BOOKINGS

Contact: Marion Wanstall (617854) or the Group Leaders

NEW MEMBERS ARE WELCOME

Scouting is fun for adults too. If you would like to help then please call Graham.

Local Events

Bangers and Bingo

Saturday 2nd June Eastry Village Hall

Doors open 6.45pm - eyes down 7.30pm. Meal with entry costs just £2.50

Eastry Twinning Association

Friday 8th June (Doors open 7.15pm) - Village Hall Barn Dance - dancing to The Village Ceilidh Band Tickets £10 Available at door or to book: tel 611786

Please bring own drinks and a platter of finger food. There will be a break during the evening to enjoy the food.

Come for an evening of great fun!

Northbourne & Betteshanger Hunt Society

Monday June 11th at 7.30p.m. Parish Hall.

Speaker - Jaqueline Aviolet on Herbs who will bring a selection of plants.

Eastry Horticultural Society - Summer Show

Saturday 23rd June at Eastry Village Hall. Doors open to the public at 2.00pm until 4.00pm. See page 14 for details

Staple Country and Craft Fayre

24th June 11.00am Staple Recreation Ground Beer Tent, Barbeque, Rides, Craft Stalls, Music, Face painting, etc. Entrance £2, children (under 12) 50p, senior citizens £1, family tickets £5 www.staplecountryfayre.com

Dover Flower Club

June 25th Demonstration by Mandy Rooney - "Blooming Blooms". The competition for June is "Heaven Scent".

23rd July - Workshop.

mariantownsley@btinternet.com or tel: 01304 832522

Eastry Festival (Flower Festival & Garden Fete)

1st to 15th July

See pages 6 and 7 for details

Race Night - Eastry Village Hall

Saturday 14th July 7.30 pm

Come along to the races and have a flutter on the one you fancy.

EDOG "Bat and Trap"

Monday July 16th at the Black Pig in Staple.

The Bat and Trap event 7.00 to 8.00 pm followed by a pub meal.

Eastry Local Interests Group (Elig)

Wednesday 25th July at 2.30pm

White Mill Rural Heritage Centre, Ash Rd, Sandwich CT13 9JB

Talk on the history of the Mill and then left to explore on our own. Free entry- tea and biscuits will be provided.

Royal British Legion - regular monthly meetings at 11.00am at The Five Bells on third Sunday of the month (excluding August).

New ex-services and social members (no military service requirement) warmly welcomed.

Further details from Terry James 614245 or John Arnold 449842

Tilmanstone Village Market Tilmanstone Village Hall First Saturday of the month 10.00am - 11.00am Admission 20p

Regular Village Hall Events

Kent Mobile Library Service 9.10am - 9.30am Fridays 8th, 22nd June 6th, 20th July

Coffee Break Everyone welcome - Free refreshments Fridays 9am-12noon

Hearing Aid Clinic

Fridays 10th June & 14th July 10.00am - 11.30am

Disclaimer

The Editor reserves the right to cut, edit or refuse to publish any contributions and does not necessarily agree with opinions expressed in published articles. All advertisements in the magazine are inserted in good faith, but the magazine committee accepts no responsibility for any statement made by the advertisers; nor endorses the products or services offered.

Eastry Festival Fortnight - 1st to 15th July

The Festival Fortnight celebrations start on Sunday July 1st with the Teddy Bears' Picnic and Zipwire Challenge from the church tower.

Join us for a free children's picnic, magician and music from 2.00pm – 4.00pm.





The Flower Festival at St Mary's Church opens on Friday July 6th running to Wednesday July 11th.

This year the theme is **Peace**.

During that time we will have **Organ Recitals**, a concert with **Shawcross and Friends** and on July 11th **The Thanet Gospel Choir Concert**.

Watch out for the posters in the village nearer the time.

If you can donate anything to the fete we would be very pleased to see you on Friday 13th July 6.00pm – 8.00pm in the Church Hall where you can leave your donations. Or call me on the number below if you should need someone to collect for you.

We are also wanting to hear from any strong people who would be able to help set up the fete on Friday and clear away on Saturday.

For more information please call Carole on 611847 or email at carole.finch@hotmail.co.uk

St Mary's Garden Fete in the Aumbry Gardens, Church Street

Saturday 14th July 2.00pm – 5.00pm

Come and join us on this fab afternoon of fun, music and bargains. This year we have The Deal Academy Brass Band, Shawcross and Friends and Paul Cornwall.

Lots to do for the children with magic shows, and the creation station. Refreshments along with lots of stalls to browse and pick up a bargain.



Stall-holders

Bric a Brac	Alastair Carnegie	813120
Books	Adrian Tottenham	611194
Tombola	Carole Finch	611847
Toys	Larry & Bob Wheatley	612155
Plants	Carole Finch	611847
Produce	Carole Finch	611847



Tower Tours will be available throughout the afternoon, to enjoy the panoramic views across the village and beyond.

We look forward to seeing you all for another great afternoon.

Carole Finch

On behalf of the Events Team of St Mary's Eastry Rev David Ridley, Dr Alastair Carnegie, Larry Wheatley and me.

Church Contacts

St Mary's Parish Church

www.eastrybenefice.co.uk

Clergy:			Church Wardens:		
Revd. David Ridl	ey	619619	Dr. Alastair Carnegie	813120	
Revd. Jennifer P	•	611472	Jo Slater	619873	
	levd. David Willis 611959		Assistant Church Wardens:		
Bell Captain: Mick Johnson 07773 970475		011000	Mary Goosen	611306	
			Sue Brearley	761668	
		3 970475	Church Hall Bookings:		
•			Bob Barwick	611420	

Bob Barwick **Organist:**

Enquiries: Maureen Norman 366761 Please phone the office 611323

Church Office

Benefice Office, The Church Hall, Church Street, Eastry, CT13 0HH Wednesdays 11am - 1pm and Fridays 10am - 12noon Tel 611323 e-mail - eastry.benefice@gmail.com During out-of-office hours a message can be left.

Benefice Website

Please visit our website: www.EWBchurches.org.uk

Find us on Facebook at: www.facebook.com/EWBchurches

Friday Friendship Lunch Club

Fridays 8th June & 13th July Church Hall at 12 Noon. Contact 611400

The Church Registers

Baptism

20th May Sonny Cook

Funerals (at Barham)

28th March Kathleen Harvey **Dorothy Clark** 5th April 10th April Afra Brinkman 11th May Joyce Bushell Kathleen West 23rd May 29th May Cynthia Brant

Church Services

Sunday mornings at Eastry

Every Sunday: 8.00am Holy Communion (BCP)

1st Sunday, 9.30am Come and Praise in Church Hall

1st, 2nd and 4th Sundays, 10.30am Sung Eucharist

3rd Sunday 10.30am Family Communion

Evensong Services 6.30pm

3rd June & 1st July (Northbourne)

18th June & 8th July (Tilmanstone)

Wednesdays

10.00am Holy Communion Eastry Church Hall - all are welcome

Special Services

Sunday 24th June

Taize Service: 6.30pm at Northbourne

Sunday 1st July

Benefice Holy Communion: 10.30am at Woodneborough We welcome Sandra Marsh as Curate in the Benefice

Sunday 22nd July

Wholeness and Healing service: 6.30pm at Eastry

Sunday 29th July

Benefice Holy Communion: 11am at Tilmanstone

Sing Along and Tea

Tuesdays 26th June & 24th July Church Hall 2.30pm - 4.00pm We will sing old well-known songs and enjoy a cup of tea and cake.

There will be a raffle. Everyone is welcome. Contact 611400

Rector's Letter

One of the pleasures of my work is to have the opportunity to attend a number of community enhancing activities around the benefice of five parishes of which I have the privilege to be the Rector. These include Eastry Cares, community singing, and a community lunch club at Eastry, together with a Festival Fortnight this year; a children's holiday playscheme at Northbourne; a monthly coffee morning, together with regular social activities, at Staple; shared meals and outings at Tilmanstone; a weekly drop-in and pre-school group at Woodnesborough – and that is only a fraction of the list. And, of course, the events organised by the churches is just a part of the totality of social events and community meetings and organisations which are part of

our villages – I would not have space even to begin to offer a comprehensive list.

Perhaps we are not fully aware just how fortunate we are to have so many things going on within our village communities; when we start to count it all up, it is actually quite humbling to be aware just how much is going on. And we must remember that behind all these groups: the uniformed organisations, sports clubs, children's groups, special interest clubs and societies, not to mention the churches, there is a whole army of dedicated volunteers.

When growing up, my sons were members of Dover Rugby Club. I was always hugely impressed by the coaches who were there twice a week throughout the year in all weathers to offer training and to take the teams to matches – it was an extraordinary commitment. And so it is a similar commitment from all those who are involved in our local community organisations and groups – often perhaps with less acknowledgement than they deserve.

It is therefore sad, when at times I hear that membership is falling or activities are put on which are not well attended and that pubs and clubs are in danger of closing for lack of support. It has undoubtedly been a trend in recent years for us all to spend more time in our home and family groups and less time engaged in larger community activity. For me that is a shame, as we miss out on so much richness which we would otherwise gain from wider community interaction. When we lose our community connectedness, we lose something immensely important: something which holds us together and offers us a source of friendship and mutual support.

Christians look to the understanding of God as Holy Trinity, three persons in one God, with its implication that community is an essential part of God himself, as the basis of our community life. We as humans, are therefore diminished when we fail to be a part of a broader community engagement.

So my *cri de cœur* is to value and cherish all that which affirms and enhances our common life, and in particular to support events which people, through much hard work, have put on for the enjoyment and enrichment of us all.

On the subject of community, I would just like to close by adding that we are really pleased to be welcoming Sandra Marsh and her husband Simon to our benefice church community at the start of July. Sandra will be joining us as Curate, a role which is, as it were, an 'apprentice Vicar', and living in Woodnesborough Vicarage. We shall be having a special service at 10.30am at Woodnesborough Church, on Sunday 1 July, to welcome Sandra, and we very much look forward to her being with us. All are very welcome to attend.

FOOD BANK AT EASTRY



The Food Bank at Eastry is open between 10.30am - 12.30pm each Monday in the Church Hall, Church Street Eastry, (except for Bank Holidays). Vouchers are available from the Pharmacy, the Community Warden and the Vicar. A welcoming banner is

displayed outside the Church Hall when it is open.

Gifts for the Food Bank can be left in a bin at the back of the Church any day between 10.00am to 4.00pm



Do you have difficulties preparing a hot meal or do you know of someone who does?



Would you/they like a freshly cooked meal delivered to your/their door?

We are delighted to announce Meals on Wheels* are now delivered to Eastry.

The lunch is freshly cooked each day (Monday-Friday) in our kitchen at the Age Concern Sandwich Centre. The menu will be varied and changed weekly and will consist of local produce where possible. It is delivered to your door and costs £7.50 for 2 courses.

If you are interested in this service or would like further information, please contact us on 01304 614237.

* This service is available for those who are retired or over 50 years of age.

We are also looking for new volunteers to assist us, in a variety of roles, which include:

- Assisting with hot meal delivery on weekday lunchtimes
- To help in our charity shop
- Assist as a mini bus attendant
- Help in the day centre with art and crafts, games, quizzes and puzzles
- Join our befriending scheme and visit an older person in their home

To find out more about volunteering with us, please contact Gill Ball on 07735556811 or email agecorecruiter@btinternet.com

In the Garden

June & July bring us half way through the gardening year. It doesn't seem like six months ago it was Christmas.

Many of you will remember that a few year's ago I had an article published outlining my enjoyment of collecting old postcards, especially any relating to gardening.

I am always buying old postcards and recently I purchased a quantity dating from the early 1900's. three of which I would like to share with you.

The first one is appropriately entitled "In The Garden" which has a lovely verse: -

"See his white and sleepy head Pokes from out the floral bed; Really 'tis a funny seat For a kitten smart and neat"





The second one is entitled "The Little Gardener" with a short verse;

"Gardening is my chief delight Tending to the blossoms bright"

And the final one is taken from an Original Water Colour Drawing by F. Wilmot of Anne Hathaway's Cottage Garden, what a beautiful colourful flower garden.



I also came across an old photo in my album of the "Eastry School Gardening Club" with the boys

proudly displaying their certificates that they had won, and their (clean) gardening tools.

My relation in the photo is Denis Hopper, the boy in the top row, last one to the right.



This takes me back to my school days when gardening was one of your weekly lessons. The boys went gardening and the girls went to their cookery classes.

No more reminiscing, let's do some gardening. How many of you grow your own lettuce? How many of you always have a glut of lettuce? How many of you would like to grow your own lettuce, but don't have a vegetable garden? Well here's your answer "cut and come again salads".

A range of leafy vegetables and salads can be grown as cut and come again, including: beetroot, chicory, chard, land cress, celery, lettuce, mustard, parsley, radicchio, rocket, sorrel and spinach, and that's only to name a few. All of these can be either sown direct into the soil, or better still in seed trays. Cut the leaves whilst they are still young and tender and allow the plant to grow on again. Peas can also be sown in seed trays and when the shoots are 3" (7cm) tall, cut them and add them to your salad.

Off on holiday? If so, make sure you water all your pot plants and if possible move them to a shady spot in your garden, or you could ask a friend or relative to look after the plants whilst you are away, and don't forget your greenhouse, the plants in it may need watering twice a day.

Indoor pot plants need moving to the coolest room in the house, don't over-water, leave them just moist.

Most important don't forget to bring your helper a stick of rock back as a thank-you for looking after your plants.

Where ever you go, and what ever you do, Enjoy Your Garden,

Art E. Choke

EHS Summer Show

The Eastry Horticultural Society is holding their Summer Show on Saturday 23rd June at Eastry Village Hall. Doors open to the public at 2.00pm until 4.00pm.



In this their 139th year the show promises to be as spectacular as previous years. There will be many summer blooms on display and a wide variety of vegetables including the Society Challenge in which members are given one potato to grow as many potatoes from as possible.

The cooking and jams make a tempting display and there is also a children's section for various age categories.

There will be a tombola for you to try your luck and tea, coffee and cake will be on offer for you to sit and rest your legs after walking round the displays. The awards will be given out at 3.45pm.

Forthcoming events:

12th June: Quiz Night

10th July: Roses with Robert Smith

If you would like to join the Society contact Chairman Peter Bailey at peter.bailey68@btinternet.com

Run, Eastry, Run

All through the winter months I was jogging along the lanes around Eastry, carrying a 9kg backpack, in training for the Marathon de Sables, a multi-day foot race through the Sahara. To try and simulate the heat I would encounter, I was encased in four or five layers of clothing, hat and gloves – even on the occasional hot day. It often looked ridiculous – so if you saw me and wondered what I was doing – that was it.

Consequently I'm fitter than I've ever been — but it's a cruel fact that whatever your level of fitness, it begins to diminish after about two weeks of non-activity. After a few weeks' rest I have to get up off the sofa again and get moving. At the moment, I can honestly say that getting out the door to train is tough — so I fully understand how difficult it is for people who haven't been active for many years, to start exercising as much as the NHS advises. At least I have the advantage of knowing how great it feels to be fit and how it means I can eat more cake than would normally be good for me.

I am also the secretary of a local running club and teach people how to run. The majority of adults who join the course are between 30 and 65 and almost all haven't run since they were in the playground at school. In 10 weeks they can run non-stop for 30 minutes.

All you need to do is commit around 30 minutes of your time, three times a week. So for all of you who would like to improve your fitness and either can't or don't want to join a gym or sports club, here's how to start to run.

Week 1: Run 2mins, Walk 3mins, repeating 6 times

Week 2: Run 3mins, Walk 3mins, repeating 5 times

Week 3: Run 5mins, Walk 2.5mins, repeating 4 times

Week 4: Run 7mins, Walk 3mins, repeating 3 times

Week 5: Run 8mins, Walk 2mins, repeating 3 times

Week 6: Run 9mins, Walk 2mins, repeat twice then run 8mins

Week 7: Run 9mins, Walk 1min, repeating 3 times

Week 8: Run 13mins, Walk 2mins, repeat twice

Week 9: Run 14mins, Walk 1min, repeat twice

Week 10: Run 30mins

A few things to mention:

- You need to complete each session three times in a week with at least a day in between each session.
- If any week is a real struggle, then just repeat this week again before moving on.
- Run at a speed at which you can hold a conversation in complete sentences throughout each run section. It doesn't matter how slowly you run, and you may think you can walk more quickly. You probably can but you're using different muscles and you're starting to prepare them for longer runs, so don't try and go faster. You shouldn't get out of breath. If you do, it means you are going too fast. Slow down.
- You need two bits of essential kit if you're a women and one if you're a man. Go to a running shop and get an 'entry level' pair of running trainers. These are for people who are just starting to run and will be at the cheaper end of the range. The staff in these shops are very knowledgeable and will be really pleased to help someone new to the sport get kitted out. And if you don't carry on running, they can always be used for walking the dog. If you're a woman, you'll need a sports bra don't try to run without one.
- Of course, if you have any medical condition, or concerns, check with your doctor before you run.

Why People Give Up

- It's raining/cold/Coronation Street is on etc etc. It's tough getting out the door, in fact it's the toughest part of the plan. Try and get someone to do the programme with you it's more motivating to do it with a friend, and you're less likely to cancel a session.
- They go too fast and/or miss out the walk sections. If you do this, you may pick up an injury as you're trying to do too much for your body too soon.
- They try to run in shoes that are not right for them and pick up an injury.
- They ache. Yes, you may ache and your body may protest about doing something it hasn't done for years. It's normal you're stepping outside your comfort zone. Just take it easy and follow the plan.

Annual Parish Meeting 2018

The Annual Parish meeting took place on Tuesday 15th May, it was attended by 35 members of the public and a number of speakers.

Speeding and traffic issues. The Clerk presented some of the data collected by the Speed Indicator device and the next steps were discussed. It was agreed the Clerk would ask Kent police to take enforcement action based on the statistics collected and that Kent Highways (KHS) would be asked for possible traffic calming solutions. The County Clir Sue Chandler would also speak to KHS about the problems. It was agreed that the Council would try and get a speed watch scheme up and running. However this would only work if sufficient volunteers came forward to help.

Kent County Council. Cllr Chandler gave a report, about the activities of KCC including information on the budget, schools, community bus services and pot holes.

Dover District Council. Cllrs Kenton and Manion from DDC gave a report with details on the budget, St James Development, Dover Sports Centre, litter picking and waste management.

Eastry Parish Council. The Chairman – Cllr Nicholas Kenton gave his annual reports, including the following: -

Bowling Pavilion/ Parish Room/ Community Building. The Parish Council in still working to provide a new building in Church Street to replace the existing Parish Room. The room is currently used by the Girl Guides, Guiders, Village News Committee, WW1 Committee and the Allotments Committee in addition to the Parish Council and Bowls Club. Planning permission has now been granted.

Gun Park Footpath. The new footpath is now in place, it was funded with contributions from the Parish Council, DDC and KCC.

Precept. The 2017/18 Precept had been set at £52,097. The Revenue Support Grant has now been phased out so total resource will be £52,097. An increase in Council Tax of 1.99% or £1.29 pa for a Band D property. Fees and Charges – Allotment fees and Cemetery Fees were not increased for 2018/19. A finance report included in the meeting pack can be viewed on the Parish Council web site www.eastrypc.co.uk

Grants. Last year, grants were given to Eastry British Legion for work to the War Memorial, Eastry Cricket Club, Eastry Neighbourhood Watch, Eastry PCC - Christmas Star and Eastry Village Hall for the new cooker and an external notice-board. The 2018 grant invitation will be published in the Village News later in the year.

Parade Benches – A works order has been produced to replace the wood on the existing benches, it is hoped this work will be completed during the coming months.

Historic Village Panel - A new information sheet has been provided for the historic panel situated by the car park in the High Street.

Adventure Trail/ Centenary Garden Play Area. The equipment was removed following a safety inspection that made it beyond economic repair. In April, following responses from local residents, the Council have budgeted for £12k for play area replacement/improvements. The Council has also been contacted by the newly formed Eastry Gun Park Community Group. The members are happy to work with the group to make improvement to local facilities.

Christmas Trees. The Parish Council provided Christmas trees outside the Five Bells and The Village Hall again this year. The Annual Carol singing round the tree was again sponsored by Mary at the Five Bells - thanks to her and her staff. Unfortunately this year's festivities were marred slightly when someone decided to fell the tree between Christmas and New Year. I would like to thank Cllr Mark Jones for turning out to clear away the debris following this act of vandalism.

Village Caretaker. You may have seen out new Village Caretaker, Richard, who started work on the 1st May. Richard's new role encompasses those of the previous Environmental Engineer and Toilet Cleaning contractor. As well as new tasks such as cutting back vegetation from signs and handy man duties such as cleaning drain covers.

The Chairman thanked the Environmental Engineer Sheila Broster, and her husband Malcolm for the 22 years' service they have given to the local community. Their hard work has been very much appreciated. Mr and Mrs Broster were presented with a gift and flowers as a token of appreciation for their long and outstanding commitment to the village.

The Chairman also thanked Richard Swain who has been cleaning the public toilets for over 30 years, not a pleasant task but an important one that had been undertaken conscientiously for many years. Mr Swain was also presented with a gift from the Council.

Other Business. Reports were given by the Church & the Greville Almshouse Charity.

Unfortunately the Community Warden was unable to attend, but she had sent a written report that had been included in the meeting pack.

The KALC Community Awards Scheme 2018 was mentioned, unfortunately the recipient was not present at the meeting.

The following were also thanked by the Chairman:

The Allotments Management Committee for undertaking the day-to -day management of the allotments.

The helpers at Coffee Break for their tireless efforts to keep this invaluable facility going, and for the cakes.

The Girl Guides for delivering this year's Annual Parish meeting agenda to every house in the Village.

Sarah Wells, Clerk to the Parish Council for her work over the past year.

Speedwatch

Speedwatch schemes help community volunteers reduce excessive speeds on local roads.

Operating at the roadside in 20mph, 30mph and 40mph areas, volunteers monitor speeds using a speed indication device (SID).

The owners of vehicles who've been repeatedly seen speeding or have been recorded at more than 50% over the limit are sent a letter of advice.

The scheme aims to:

- increase drivers' perception of the risks from speeding and encourage them to slow down
- reduce collisions and the severity of injuries on local roads
- improve the quality of life for local communities.

Would you like to become a speedwatch volunteer?

If so please Contact Sarah Wells, Clerk to the Parish Council at clerk@eastrypc.co.uk

To volunteer you much be 18+, be willing to commit to training and be available to operate speed watch during the day at peak times, 7.30am – 9am and 3pm to 6pm. Teams of three usually work for about an hour at a time.

The initial online training takes 40-60 minutes and can be done at home. The roadside training to use the SID (Speed Indication Device) takes around 30-40 minutes. You are then approved to operate roadside. A minimum of six volunteers are needed to start a speed watch scheme





Are you interested in getting involved in friendly cricket?

Whether you would like to play, watch, umpire or score, you will be warmly welcomed to a social team who have been playing local, non-league cricket, for 200 years. Come and play cricket at one of the most beautiful grounds in England.

We welcome players of any age or ability to come and have a game, and meet some fellow cricket-mad players. Or if that sounds too energetic, come and watch a game and enjoy some cricket teas at our picturesque ground.

To find out more, visit our website: www.eastrycricketclub.com

If you are interested contact us by email:

hazel@eastrycricketclub.com

Or through our Facebook page:

www.facebook.com/EastryCricketClub/

Club Night is every Thursday at the Ground throughout the season.

SATURDAY XI SUNDAY XI

June 2	Star	Home	1.30	June 3	Broadstairs	Home	2.00
9	Great Chart	Away	2.00	10	Boughton/Eastwell	Home	2.00
16	TBA			17	East Langdon	Away	2.00
23	TBA			24	TBA		
30	Star	Home	1.30	July 1	Upchurch	Away	2.00
July 7	Great Chart	Home	2.00	8	St Margaret's	Away	2.00
14	Dover Cosmos	Δωαν	2.00	15	Nelson	Home	2 30
	20101 00011100	/ www.y	2.00	10	NCISOTI	Home	2.50
21	Nuthurst	Home	2.00	22	Tilmanstone	Away	2.30
21 28		,		_			2.30

Bird Watching

I was flattered to be asked to write a column for Eastry Village News on my consuming hobby of watching and photographing our local bird life as well as other fauna and flora.

I had been interested in natural history from a very early age and once I started working and earning some money, I bought a camera and reasonable size lens to try to photograph the birds I saw around and about. Unfortunately my success rate was so low I couldn't justify the processing costs of the films for yet more blurry underexposed shots of a blue tit! I eventually gave up.

Many years later, with the introduction of digital photography I saw some excellent wildlife photos taken on a relatively inexpensive camera and I decided to give bird photography another go. I bought a 'bridge camera' (cameras that fill the niche between the expensive single-lens reflex cameras (SLRs) and the point-and-shoot camera; they often have a powerful zoom lens). I was hooked; you could take as many shots as you liked at no extra cost and delete any that didn't come up to scratch. It took a while before I was getting the sort of photographs I wanted but that was half of the fun, the challenge of getting everything right. Finding a bird you wanted to photograph, getting near enough to the subject, from the right angle for the light and getting the exposure correct to get a sharp well lit image.

It wasn't long before I wanted to photograph species that I didn't see in the garden or fields and hedgerows around my home in Eastry. I started looking at the photographs of my new-found birding friends and was amazed at just what could be seen within a few miles of home. In fact, if it hadn't been for the photographic evidence I might have suspected a bit of fanciful exaggeration. But yes it **was** possible to see a spoonbill at Sandwich Bay, not common but recorded most years. Ring ouzels **can** be found on the cliff tops around Dover during their spring and autumn migration. Indeed many of the migrating species pass through this corner of Kent, stopping off for a rest or to feed - it is no accident that Sandwich Bay Bird Observatory is located where it is.



Male Linnet, Sandwich Bay

As I have to write this column in advance, I can only try to predict what you may see if you are out and about and keep your eyes and ears open. Look out for linnets along the hedgerows, especially areas thick with brambles. The male is very smart at this time of year, with a pinky-red chest and forehead.

This is also the favoured habitat for the whitethroat, a warbler about the size of a great tit. It has quite a long tail which it flicks as it darts rapidly in and out of cover. The male has a grey head, a white throat and a brown back, and is buff underneath.



Juvenile Cuckoo, Worth Marshes



Whitethroat, Sandwich Bay

During the summer months, with many juvenile birds now fledged, it can get a little confusing as the young often look quite different from the adults. Last year I saw what I took to be a bird of prey, probably a kestrel, fly out from the back of a bush as I passed by. I didn't get a very good look but did see roughly where it landed. A closer inspection revealed it to be a juvenile cuckoo!

To list here, what you might expect to see in early summer, would take up too much space, but a couple of the less common birds are worth looking out for. The turtle dove, once common through southern Britain, is now quite rare, but we do get a few pairs nearby. Their purring call often gives away their presence, the call is difficult to describe in words but it is worth a search on the internet if you've never heard it.



Turtle dove, Betteshanger Country Park

The second bird I've selected for a special mention is the spotted flycatcher, not what you'd call eye-catching in its plumage but uncommon enough to be exciting to see. About the size of a robin, and generally brownish-grey, the spotted flycatcher sits on an exposed perch and swoops down to catch an insect and return to the same place. They seem to like churchyards, cemeteries, parks and mature gardens,



Spotted flycatcher, Great Dixter so keep an eye out for them when you are out and about.

That's all for now, so good luck – and Happy Birding.



Meetings:

June 6th Craft workshops - beading and stone painting.

July 4th - How Chocolate is Made.

Last month I said I would write more about a couple of things. The first was about the proposed resolution asking WI members to support a campaign which will encourage people to talk about mental health issues. We talk about a broken leg, physical illness, or surgical operations, but there seems to be a stigma talking about mental illness. This resolution still has to go to delegates at our National AGM at Cardiff in June.

The second was Walking Netball, Walking Football has become popular and the Sports Council are now funding England Netball who in turn have joined with the Women's Institute to start walking netball groups.

Their target group is 'inactive over 50 year old women' which caused some laughter amongst members of Eastry WI, but we enjoy a challenge! We have been paired with Shepherdswell WI and providing we can find suitable and affordable facilities we hope to start our sessions at the end of May.

If you enjoyed playing netball at school then perhaps joining us is for you! We are the first two East Kent WIs to start this, It was described by someone as an experiment!

Our visit to Bugsy's at Margate for ten pin bowling was great fun and enjoyed by all who went. We will certainly repeat it.

We also have an afternoon visit to Godinton House Gardens near Ashford and a visit to Sissinghurst Castle is being planned.

Sue Hankins President tel. 619414



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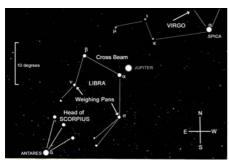
We have a weekly club night on a Thursday evening which is a popular turn-up-and-play session, as well as junior coaching from our Club Coach. There are informal, fun tournaments throughout the season which any member can take part in if they wish, or just enjoy an afternoon of tea and cake watching the friendly tennis games.

Membership fees are £30 for adult membership and less for juniors. Excellent rates are offered for couple or family membership.

We are always happy to welcome new members who are interested in joining in with club activities or just to enjoy playing tennis on our wonderful courts in the lovely setting of our Ash park.

For more information please contact our Secretary, Julie on 01304 813603 or at secretary@ashtennisclub.co.uk

The Constellation of Libra and the Planet Jupiter



The longest day is on June 21st this year, so the nights are very short during June and July. It is a challenge to identify the constellation of Libra, which is low in the Southern sky at a maximum elevation of about 20 degrees at midnight.

It is one of the zodiac constellations and is about 30 degrees E of the bright star Spica (mag 1.0) in Virgo

"The Virgin" and W of the head of Scorpius "The Scorpion", close to the horizon, where the bright red supergiant Antares (mag.1.0) is situated. The constellation's "weighing scale" shape 1 is formed by the brightest stars α (Zubenelgenubi - The Southern Claw, mag 2.6) and β (Zubeneschamali -The Northern Claw, mag. 2.6) which form the "cross-beam" and the stars γ and σ Librae (mag. 3.9, 3.3) that represent the "weighing pans".

The planet Jupiter is very bright (mag.-2.5) in the S Sky and located only 2-3 degrees W of α -Librae as shown in the annotated picture. This makes it easier to identify the constellation itself.

The Planet Jupiter



The superb attached image of Jupiter², shows all the main features on the gas giant's surface. There are pale zones where there are clouds of Ammonia and the coloured belts are composed of other chemicals. It is the largest planet in the Solar system, 1300 times the volume of the earth, and five AU* from the Sun.

Galileo discovered four moons of Jupiter in 1610 and these can be seen with a small telescope. One of them is visible in the image and its shadow can be seen

on Jupiter's surface. Jupiter is now believed to have 69 moons orbiting the planet³!

Summary of the Greek/ Roman Legend for Libra

Libra was first catalogued by Ptolemy in the 2nd century. The four stars in a quadrangle that make up this constellation are W of the head of Scorpius. It is the only zodiac constellation that represents a mythological inanimate object. Although it represents a set of balance scales today, in Ptolemy's time⁴ this constellation was sometimes called The Claws and was depicted as the claws of Scorpius. This is why the major stars of Libra have names associated with a scorpion.

The Romans pictured the constellation Virgo as Astraea, the goddess of justice, who was the daughter of Jupiter, King of The Gods, and Themis (which means justice). The constellation Libra formed her scales of justice. The symbol of the judicial system in the USA is the blind-folded Astraea holding the scales of justice. The measuring symbol for pounds "lb" is an abbreviation of the word Libra.

Michael Kinns

References

- 1 www.constellation-guide.com/constellation-list/libra-constellation/.
- 2 With grateful thanks to Lee Phillips, Secretary of South East Kent Astronomical Society (SEKAS) for providing the image of Jupiter.
- 3 https://skiesandscopes.com/jupiter-facts/
- 4 David E. Faulkner, The Mythology of the Night Sky- An Amateur Astronomers Guide to the Ancient Greek and Roman Legends ch. 6 and Appendix B, Patrick Moore's Practical Astronomy Series, published by Springer
- * AU Astronomical Unit: average distance of the Earth from the Sun, about 93 million miles

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Neighbourhood Watch

Eastry K.C.C. Warden Hannah Osborne has moved on to pastures new. Hannah has been given the challenge of getting to know the village of St Margaret's Bay and its

hinterland. The terrain there should keep her fit!

We thank Hannah for her input into the affairs of this village and Sandwich and Ash as well. Her replacement is Karl Aylett and Hannah has been taking him around the nooks and crannies of Eastry. Please make him welcome to the village.

Some people may wonder what goes on in NHW. It does have a structure and currently is working well. Andrew Judd (PSE 59727) is the leader for SE Kent and is based at Ashford Police Station. He and his team gather all of the information on crime in our area and send out regular e-mails so that we are aware of current trends in crime.

The Dover Area committee meets quarterly at Dover Police Station where we give our reports and exchange information and are brought up to date with current police matters. We now have regular reports from a member of the Dover Police team.

The Dover Area AGM will be on the 26th June at 7.30 p.m. at Whitfield Village Hall in the small meeting room; where again we will be addressed by policing experts. It will certainly be interesting to hear what the NHW cadets have achieved one year on from the last AGM when they were introduced to us. All are welcome.

In Eastry we have the biggest team of NHW members in the whole area. Michael Kinns takes on a major role here and not only does he send out e-mails from the Ashford office but receives information from our own members who have had to contend with scams which he then notifies to us all. A very valuable service.

We are always pleased to hear from residents who would like to join our NHW team and receive all of this information. The new Data Protection Law came into effect on the 25th May but as we are an adjunct to the Police we have always been aware that we must comply with Data Protection.

I recently had a phone call from an elderly gentleman to say that his smoke alarm was not working. This is a matter for the Kent Fire and Rescue Service and not the local Eastry Team. The telephone No. is 08009 237000 and ask for the appropriate extension.

Sheila Smith

Chair Eastry Neighbourhood Watch.

Beating the Bounds

This ancient custom dates back from before the Norman Conquest, but it may have been derived from Roman Times, being named in honour of Terminus the god of boundaries.

But the earliest record of Beating the Bounds in our village took place in 1356. In the past the exact location of the boundaries was extremely important because the enclosed land was the factor in determining the amount of money paid to the tithe holder (ie. 1/10th of a harvest), often the Parish Priest.

The tradition of 'beating the bounds' took place during Rogation week in April and was a way of impressing the Parish limits on the villagers as they perambulated the 14 miles, marking the boundary stones. The inclusion of the word 'beating' was due to the tradition of striking a young person to impress upon them the position of the boundary markers.

In Rev. Shaw's book 'Memories of Eastry' he states that in 1833 'the bounds were walked by the vicar, churchwardens and others'. It was likely that Joseph Bowman the Parish Clerk led the way with an Ordnance Survey map. This was necessary as the traditional markers might have become overgrown or even removed.

For centuries a feast was held after the perambulation, which ensured its popularity and often an excuse for much revelry. This appears to have been the case in 1833 as outlined in a document I found in Canterbury Cathedral Archive's, which was sent from John Ferrier the landlord of the 'Bull Inn', to the churchwardens and overseers detailing his expenses in providing a feast for the occasion:-

Beer, bread and cheese supplied	£1. 3. 4d.
16 Gents to dinner @ 2s. 6d per head	£2. 0. 0d.
42 Men & boys @ 1s. 6d. per head	. £3. 3. 0d.
After dinner Punch & tobacco	£1. 3. 4d.

A note was added to the bill indicating his involvement in 'Fetching the Mark Stones from Sandwich and taking them round the Boundary of the Parish...5s. Od.' This shows that missing or damaged boundary stones had to be replaced in advance of the occasion.

Douglas Welby

Iris Mollart and Rose Beer

As this magazine goes to press we are sorry to say that Iris and Rose, who are two of the key people that make this publication happen, are in hospital.

We wish them speedy recoveries and that they will soon be helping with future issues.



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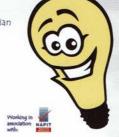
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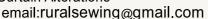
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