

The
Eastry
Village News



June 2024
July 2024



Village Contacts

Ambulance, Fire, Police
999

Police Community Support 101

and non-emergency Police

PC Jon Bowler

Jon.Bowler@kent.police.uk

Community Warden

Peter Gill 07703 454190

Peter.Gill@kent.gov.uk

Neighbourhood Watch

Simon Dundas 611320

Gas Emergency 0800 111999

Highways Faults 03000 418181

UK Power Network 105

Doctors Surgery 619790

The Market Place, Sandwich

Emergency out of hours 111

Eastry Twinning Association

Chairman: Nick Smith 01304 617035

Eastry Parish Council

www.eastry-pc.gov.uk

www.facebook.com/EastryPC

Chairman: Mark Jones

Vice-Chairman: Deborah Russell

Clerk to Council

Mrs. Joanna Jones 01304 746036

clerk@eastry-pc.gov.uk

*Thornton House, Thornton Lane,
Eastry, Sandwich, Kent CT13 0EU*

C of E Primary School 611360

Head Teacher: Mrs. Sarah Moss

PTA Treasurer: Justine Crane

Eastry Ravens FC

Steve Booth 07864 925289

[email: 27srb@sky.com](mailto:email:27srb@sky.com)

Eastry Cricket Club

chairman@eastrycricketclub.com

www.facebook.com/EastryCricketClub/

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OPENING HOURS - Still open 7 days a week

Monday to Saturday 7.00am - 5.00pm **Sunday 7.30am -12pm**

Tel: 01304 611258 (shop) 01304 621864 (Post Office)

Eastry Young People's Contacts

EASTRY YOUNG PEOPLES CLUB
(next to the Gun Park) *Have fun and make friends - Admission is free*



Meetings

**Tuesday and Thursday nights
for 10-18 year olds - 7pm to 9pm**

Contact - for further information via our Eastry Young Peoples Facebook page or **Monica Laslett on 07902 303397**



Girlguiding
Eastry

Rainbows (4-7) and **Brownies** (7-10), meet on Wednesdays
Guides (10-14) and **Rangers** (14-18) meet on Fridays

Contact us



Join us



**We help all girls
know they can
do anything.**

10th Deal Eastry Scout Group - Scout Hut

Group Scout Leader - Graham Baker 07837 430167 or 01304 611487
10thdealeastryscouts@gmail.com

BEAVERS (age 5¾ - 8)
Monday 6.00pm - 7.15pm
Leader Matt

CUBS (age 8-10½)
Tuesday 6.30pm - 8.00pm
Leader Jonathon

SCOUTS (age 10½ - 14)
Wednesday 7.00pm to 9.00pm
Leader Graham Baker

EXPLORERS (age 14+) Meet every other Friday from 7.45pm - 9.15pm and focus on the Duke of Edinburgh Award Scheme.
Contact - Graham Baker

FOR HQ BOOKINGS
Contact: Marion Wanstall (617854)

NEW MEMBERS ALWAYS WELCOME
Scouting is fun for adults too.
If you would like to help then please contact Graham Baker

Greville Almshouses Chairman Retires

Residents and trustees at Greville Almshouses in Eastry organised a party for their chairman, John Waring, who has retired after 35 years service with the trust. Most recently John was chairman of the trust for 16 years.



John Waring (centre) with trustees and residents.

John writes: “there have been three very efficient and helpful clerks, all long serving, who have helped me enjoy my time with the trust: Mr Ron Hooper, Mrs Margaret Craven, and the current clerk, Mrs Sara Wells, who is proving to be a godsend to the residents and trustees. One of the most rewarding experiences has been offering places to new

residents and seeing the joy on their faces when receiving the keys. I thank them all for keeping their properties in very good order. The trustees are very caring people and have made many helpful contributions to the proper running of the trust. I also wish to thank them all and their partners, who have had to put up with them spending valuable family time away at our meetings. Finally, my best wishes to Susan Cook, who for several years supported me as vice-chairman and will no doubt be an excellent new chair”.

(Supplied by John Waring from “The Almshouses Gazette)

The Eastry Almshouses

The Eastry Almshouses - now known as Greville Homes - off Mill Lane, were built by the Greville Almshouse charity, set up in 1834 (although the plaque on the houses actually gives a date in the 1850s). This was established by William Fulke Greville, of Statenborough House who had offered to pay for the building of six, two room houses, if the Parish agreed to buy a suitable plot of land. This land was bought at a cost of £100 from a Mr John Kite, the money coming from levying a three pence rate for three years. The houses themselves cost £600 to construct.



Although much changed now the houses still reflect the basic two room construction. Further information on the houses can be obtained from the Parish Council.

(Historical information from Eastry Parish Council web site <https://eastry-pc.gov.uk/eastry-history/>)

Eastry Young Peoples Club

Are you looking for a new opportunity to volunteer? Eastry Young Peoples Club is excited to announce that with the re-opening of the nursery we are now looking for volunteers to join the team to help expand the Youth Club offer.

If you have a few hours each week and would like to give something back to the community, while sharing or improving your existing skills, please do get in touch.

Volunteer roles include (but are not limited to):

- **Youth Club support workers** - to work with young people supporting activities and helping provide a safe supportive space for Young People to socialise;
- **Working behind the scene as a committee member** of EYPC to assist with the general running of the club;
- **Guest activity deliverer** - if you have a skill that you could offer a one off session or a series of sessions to the young people (for example in the past we have had people deliver art, first aid, dance, music technology- we are open to new challenges)

If you are interested in this opportunity please email wendytutton07@gmail.com

Young People are our future. Invest in them and the 'Future will be bright'



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Eastry Village Coffee Morning **Village Hall 9.30-12 noon Every** **other week.**



Friday 7th and 21st June
Friday 5th and 19th July
Friday 2nd, 16th and 30th August
Friday 13th and 27th September

All welcome, free tea, coffee, squash and biscuits.

Mobile Library in car park from 9.30-10am. PC & Community Warden in attendance when possible.

Hi Kent Hearing Charity attends the first coffee morning in the month providing free NHS hearing aid aftercare, advice and battery supply.

The Parish Council require someone to open, close and clean the village toilets on Saturdays, Sundays and Spring/Summer Bank Holidays, pay will be £12.84 per hour.

For more info: Contact the Clerk, Jo Jones 07903 739792

Eastry Village News DEADLINE

is the 14th of the month prior to publication - i.e January, March, May, July, September, November. Please send copy to evneditor@gmail.com

Dover District Council - Bin Collections

Non recyclable waste

Black topped wheelie bin, food bin & green/garden waste

Tuesdays 4th, 18 June 2nd, 16th, 30th July 2024

Recyclable Waste *Blue topped wheelie bin and Food Bin*

Plastics, tins, bottles, paper and cardboard.

Tuesdays 11th, 25th June, 9th, 23 July 2024

Please double check your dates on the **DDC website**

<https://www.dover.gov.uk/Recycling--Waste/Bins-Recycling.aspx>

Page upgrade due to 2 lovely locals. Thank you

THE FIVE BELLS

Eastry

01304 611188

www.thefivebellseastry.com



Whats on in June

6th - D Day 80th Anniversary celebrations

15th - Eastry CAN quiz 7pm start

16th - Fathers Day - Bring your dad and let us treat him to a FREE dessert

22nd - Clairvoyant evening. Doors open for 6:30pm, 7pm start. £5 per person

29th - Armed Forces Day celebrations: BBQ from 1pm

Live music with Roy the Boy 2-4pm

Andy's quiz 7pm start

Whats on in July

6th - American theme night. Food from 5-8:30pm & music from 'Buddy Holly'
8:30-10:30pm

13th - Eastry CAN quiz 7pm start

18th - Clairvoyant evening. Doors open for 6:30pm, 7pm start. £5 per person

20th - Band & BBQ from 5-7pm after the Church Fete

27th - Join us for Pimms & strawberry picnic from 3-6pm (Inclusive of glass of Pimms & strawberry tart or meringue. Serves 1 £12, 2 for £22 or 4 for £40 before Jazz on Eastry green at 6pm)

Main menu served:

Mon-Thurs 12-3pm & 5-8:30pm

Fri & Sat 12-9pm

Sun 12-8pm

Lunch specials served:

Mon-Fri 12-2pm

1 course £9.50, 2 course

£14.50, 3 course £18.50





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Dover Flower Club

FRIENDSHIP, FUN AND FABULOUS FLOWERS

For anyone who is interested in friendship, fun and fabulous flowers come and visit Dover Flower Club.

We organise a full programme of flower based activities throughout the year including flower arranging demonstrations, talks, workshops and visits to gardens.

We meet at Whitfield Village Hall, Manley Close, CT16 3LY on the fourth Monday of the month at 7.15pm.

We are keen to welcome visitors and new members to our meetings.

The next events are as follows:-

Monday 24th. June, An evening celebrating bees, with a talk by Jean Schofield and local honey for sale.

Monday 22nd. July, a workshop to improve flower arranging skills, tutored by Gill Smaggleale, who is a past president of the National Association of Flower Arrangement Societies.

Free refreshments available. Cost, free to members, £8.00 to visitors.

For more information contact Mig Kimpton 07831 838851

MEMORIES OF PENFOLD'S TRAVELLING FAIR.

Jennifer Esposito, archivist to the Great Mongeham Society is looking for any memories of...

Penfold's Travelling Fair.

This popular local amusement with its beautiful "Gallopers" was a much-loved feature of local village events during from 1930 until early fifties.

I believe their rides were stored at Wingham.

Please contact me with family memories or information at
jennifer.esposito@btopenworld.com

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Gardening on the other side of the fence – no.19

I write just as the weather has really warmed up. I have gone from moaning about the cool weather making a lot of the early veg sowings mope, to it now being so hot in the greenhouse and losing some seedlings to the heat. My greenhouse location is a lot warmer than at my previous garden and I am still learning to cope. I have some shade netting on the south-east facing side but feel that I need to increase the area covered.

We have had excellent displays of tulips and early clematis, and some late January purchased daffodils, that I wrote about previously, flowered perfectly. Changes in the meadow included only 3 cowslips flowering after there were 14 in 2023. They obviously react to the weather as they barely showed in 2022 either. and from the large colony of 100 Camassia Quamash also only produced 3 flowers with the rest coming up blind. As we have had such a damp spell over the last 18 months, I am rather perplexed as to what has caused this. This is the 4th spring that has had Yellow Rattle growing, and being an annual, you are reliant on the weather to getting this hemi-parasite established, but this year the population has exploded so as this weakens the stronger meadow grasses I look forward to other flowers being able to get a foothold.



Snakehead Seedlings

My Snakeshead Fritillary colony has increased from 29 to 54 flowers in 4 years. There are lots of seedlings this year which the damp weather has influenced. They flowered 10 days earlier than 2023.

On the wildlife front, we had 5 clumps of frog spawn this year (8 days earlier than 2023) but the tadpoles disappeared very quickly, not to birds this year as I covered the pond in mesh and neither did we find any newts. I don't know if dragonfly nymphs can be responsible for such heavy losses. It has been a relatively quiet winter for birds with a much smaller range visiting than last year. Now that the garden waste collections have changed to bins, and if you have green sacks lying around, perhaps make this autumn the year to collect leaves to make leaf mould. Or ask your gardening neighbors if they would like them as I find them the ideal size for storing good quantities. The wet winter has certainly speeded up their decomposition this year – the type of leaves usually determines how quickly you have free usable soil improver.

Also on the green gardening front, B&Q have announced, in the last week, that 100 of their stores will be taking plastic plant pots for recycling. Black pots have been an issue for recycling as the materials scanners can't see black. Even though the industry swapped to beige and grey pots, very few local authorities allow them to be put in home recycle bins. I have yet to establish whether the Dover branch will be participating.



Jeff the Bee Friendly Gardener.

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Report on the Threat from the Asian Hornet (from a talk given at the National Vegetable Society, at Bridge, May 2024)

The Asian Hornet has only recently arrived in the UK, and has mainly been found in Kent. This dangerous insect has travelled across France and then Belgium and is now seeking new territory here. It seems that very little was done to prevent the spread of this hornet on the continent, but thankfully the UK government is being proactive in the efforts to irradiate this pest.

However, action is needed and fast to capture and destroy this invasive insect. There will be a timescale to this project and if the Hornet becomes established then the government may cease to fund the exercise.

It is believed that the Asian Hornet entered Europe through the South of France on imported cargo. Last year 72 nests were discovered in the UK mainly in East Kent (including one in Ash). The bee keeping fraternity is fearful of losing their hives of bees to the feasting hornet which will feed on any insect that they find. The European Hornet is much larger than the Asian Hornet and seldom causes any harm. The Asian Hornet is aggressive and will attack anyone who meddles with their nests. Please do not touch, but report any sightings immediately (see the poster for details).

Anyone who is allergic to bee or wasp stings should take extra care and if stung should report immediately to the nearest A&E hospital department. The advice is not to wait for an ambulance but to travel in a car as an adverse reaction may not occur for up to 12 hours after the sting.

Only the queen hornets hibernates through the winter and in recent years the weather has not been cold enough to kill them. The Hornets have been known to survive for up to 24 hours in a deep freeze and can then still recuperate.

Not all nests are high up in trees but can be found in sheds, greenhouses and in patches of brambles. The initial nest will probably be no bigger than a golf ball, but as soon as the worker hornets are established then a much larger nest develops.

Please do not disturb a nest but report it and allow the professionals to destroy it. It is evidently possible for a single hornet to be logged and traced back to the nest so do not hesitate and report any sightings, even if it is not possible to take a photograph. Knowledge of the location of the sighting is always helpful to stop this creature becoming established in this country.

Sheila Smith.

ASIAN HORNET ALERT

ORG.UK



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07565 775020

CAN YOU HELP? – **OUR POLLINATORS NEED YOU** – CALL OR EMAIL NOW

Asian Hornets are a highly aggressive predator of native insects and a MAJOR threat to ALL pollinators

Eastry Far and Wide.

After such a record breaking wet winter and spring the cover photo of this edition looks forward to the summer with a tulip coming to bloom. Lets hope we can all look forward to warmer and drier weather.



In a previous edition it was wondered how far and wide Eastry Village news was read. While it is known an on-line version is read in Western Australia, the furthest paper copy we found was in Houston, Texas. The photo shows Mrs Beverly Baumann with her copy of the December/January edition. Mrs Baumann who lives in the Houston suburb of Sugar Land is regularly supplied with EVN copies by her daughter who has lived in the village for the past six years.

Keeping Safe On-Line

**PROTECT YOUR Pa\$\$WORD
IN 3 EASY STEPS**



- 1 CREATE A SEPARATE PASSWORD FOR YOUR EMAIL ACCOUNT
- 2 USE 3 RANDOM WORDS
- 3 TURN ON TWO-FACTOR AUTHENTICATION (2FA)

SHARE THESE 3 STEPS WITH 3 FRIENDS

ourwatch.org.uk/passwords

Neighbourhood Watch Network is a charity registered in England & Wales, CIO No. 1172349

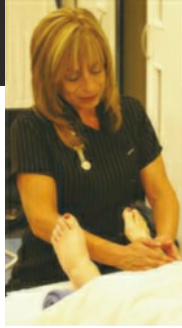
As more and more of our lives move "on-line" a few simple steps can help to make us safe - not least being careful with our passwords. In addition to the three steps shown in the diagram extra protection can come from using different passwords for different accounts, using longer passwords, and ones which include a mixture of upper and lower case letters, numbers and symbols.

Can you spare a few hours to help us?

The Eastry Village News is still looking for someone to join the committee as our Distribution Supervisor. The job is to get the printed copies counted, allocated and delivered to our loyal band of distributors (all local). It takes about 4 hours in total every other month and is not too onerous.

If you would like to help or more information please contact Patrick Clarke on 01304 611224 or email evnsecretary@gmail.com

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Please pick up after your dog out of respect for fellow villagers and their children.

Eastry Neighbourhood Watch - Latest Crimes and Scams



One of the best defences is communication. Here we share some things we hear of via a variety of sources. If you hear anything let an Eastry NHW member know (my number is at the front of this magazine) or chat to us at the free parish council coffee mornings (usually every other Friday morning in the village hall).

Allotment break-ins have resurfaced with more sheds being broken into by damaging the doors. It is not clear what was the motive as nothing appears to have been taken. Could it be fuel? Police advise leaving them unlocked and without anything valuable inside. A bit of a pain to keep carting things to and fro!

Recently, there have been reports around the country of scammers placing **fake QR codes on parking meters**, which lead unsuspecting drivers to unauthorised payment sites.

Courier Fraud is on the increase in Kent and recently has occurred when a criminal contacts a victim by telephone purporting to be a police officer or bank official.

Watch for Car Selling Scams on Social Media

Just recently there's been an increase in reports of people being scammed when buying vehicles online. Typically, these scams involve criminals posting non-existent vehicles or vehicle parts on social media.

Account Takeover The most common form is via passwords - either from being exposed in a data breach or by way of dictionary attack (attacker tries to guess your password based on words from a dictionary. AI can be used to test a massive number of potential passwords) It doesn't matter how well secured the rest of your systems are if you have a password that everyone knows. How do you know if your password has been compromised? Visit www.havebeenpwned.com and search for your email address. Whilst you are there, why not also look to see if any emails using your domain have been caught in any data breach? You can also sign up so you get notified of any in the future so you can change them before anyone abuses the details.

You can report scam calls received on your mobile phone to your provider.

If you have an iPhone, text the word 'call' followed by the phone number to 7726. If you have an Android phone, text the word 'call' to 7726. You'll then receive a message asking you for the dodgy number.

You can report scam websites to the National Cyber Security Centre at www.NCSC.GOV.UK

Simon Dundas, Eastry NHW Chairman

Neighbourhood Watch (cont.)

Recently other information has reached the NHW that residents should be aware of:-

It has been reported there have been a few more allotment shed break-ins recently. If anyone can walk that way in the evening, keep their eyes open and speak to people that would be helpful.

An Eastry resident on Sandwich Road had someone call him purporting to be from neighbourhood watch. They said photos of an obstruction being caused by his property have been sent to the Parish Council. He has a rose bush, but totally on his property and not causing nuisance. Please call Simon Dundas on 07986 085714 if you know anything about this and he will inform the gentleman.

Fake HMRC emails are telling people they needed to confirm their credentials or their account would be shut down. Simon Dundas received this in his email box this morning and looking online confirmed that it is fake. It is not in the list of official emails HMRC have sent out recently and another website said it was fake. Do not click any links or a QR code (similar to the fake QR codes on car park machines). HMRC are making changes and these scammers realise it's a clever time to put these fakes out to collect your personal data which can lead to serious scams.

Eastry Lawn Bowling Club

Hello all, the outdoor bowling season is well underway. Eastry Bowling Club situated in Church Street, Eastry- has begun its fixture of home and away games and a Club competition has taken place. The Club is small but friendly and welcomes anyone who would like to try their hand at bowling or would like to resume bowling. Coaching is available if needed and should you like to know more about the Club don't hesitate to contact Phil on 07825 334077.



Article by Jan and Tony Smart

Eastry Woodnesborough Benefice



June and July Services St. Mary's Eastry

SERVICES IN JUNE

Sunday 2nd June	10am Holy Communion
Sunday 9th June	10am Come and Worship Team (in The Church Hall)
Sunday 16th June	10am Holy Communion
Sunday 23rd June	8am Holy Communion 10am Holy Communion
Sunday 30th June	10am Benefice Service To be held in Staple

SERVICES IN JULY

Sunday 7th July	10am Holy Communion
Sunday 14th July	10am Come and Worship Team (in The Church Hall)
Sunday 21st July	10am Holy Communion
Sunday 28th July	8am Holy Communion 10am Holy Communion

The usual connections for Sunday Zoom services will be used

Every Wednesday in Eastry Church Hall

10.00 am Holy Communion. Everyone is welcome

Churches Open for Private Prayer*

Our churches are usually open for private prayer and reflection as follows:

Eastry: 9am to 5pm daily; **Staple:** 9am to 5pm daily; **Tilmanstone:** 9am to 5pm daily;

Woodnesborough: 9am to 5pm daily; **Northbourne:** 10am to 4pm daily

*Subject to current Covid restrictions Check Church website or Facebook for updates

A Season of Reflection, Renewal, and Service.

As the summer begins and the days stretch long into the warm evenings, our community is filled with a sense of joy and abundance. The air is alive with the hum of insects, the fragrance of blooming flowers, and the laughter of children playing in the streets. This season of summer beckons us to pause, reflect, and embrace the gifts of nature and community that surround us.

Summer is a time of renewal and transformation, a season that invites us to shed old patterns and embrace new possibilities. Just as the vibrant flowers bloom anew each year, so too can we cultivate a spirit of growth and renewal within ourselves. Let us take this opportunity to reflect on our personal journeys, seeking ways to deepen our faith, strengthen our connections with others, and nurture our spiritual well-being.

In the midst of the hustle and bustle of summer activities, let us remember the importance of service and outreach to those in need. As we enjoy picnics, barbecues, and outdoor adventures with family and friends, let us also make time to lend a helping hand to those who are struggling or marginalized in our community. Whether through volunteering at a local food bank, participating in a charity run, or donating to a worthy cause, we can make a meaningful difference in the lives of others and spread the message of love and compassion.

This summer, I challenge each and every one of us in our parish and the wider community to step outside of our comfort zones and embrace a spirit of purposeful action. Let us seek out opportunities to serve others, engage in acts of kindness and generosity, and make a positive impact on the world around us. Together, let us demonstrate the transformative power of love, service, and unity, embodying the values of our faith in noticeable and profound ways.

As we navigate the warm days and balmy nights of summer, let us be mindful of the interconnectedness of all living things and the sacredness of the natural world. Let us cherish the moments of stillness and reflection, finding comfort and inspiration in the beauty of creation. Let us come together as a village, be united in our shared values and aspirations, and be committed to making a difference in the world.

I invite you to join me in this challenge to make this summer season a time of growth, service, and transformation. Let us embrace the spirit of summer with open hearts and minds, seeking to make a positive impact in our community and beyond. Together, we can embody the love and mercy of our faith, spreading joy and hope to all who cross our paths.

May this summer be a season of reflection, renewal, and service for our parish and our community as we come together to embrace the gifts of this beautiful season and make a difference in the world.

**Please note that at this time your Eastry Woodnesborough
Benefice Church Contacts are:**

Rector - Reverend Andrew Brown

01304 273836 rev.andrewwb@gmail.com (*Andrew's rest day is Monday*)

Details of our online Church Service are show on Page 19

Church Office - Tel: 01304 611323

Benefice Office, The Church Hall, Church Street, Eastry CT13 0HH

Wednesdays 11am to 1pm and Fridays 10.00am to 12 noon

Tel: 01304 611323 (answerphone checked 3 times a week) email:

eastry.benefice@gmail.com (checked daily)

Benefice Website

Please visit our website: www.EWBchurches.org.uk and share your thoughts on progress so far to Michael Kinns.

The new website is regularly being updated.

NB there is also a new sub-page for "Eastry Church" on the Eastry Parish Council website which links to the benefice website.

Find us on Facebook at www.facebook.com/EWBchurches

ONLINE CHURCH SERVICES - Access Procedure

To join, you will need to do one of the following:

Using a laptop or tablet, copy this URL in to your web browser
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Eastry Church Notices



St Mary's Events Information Summer 2024

Saturday June 1st 2 – 3.30. The fun of the Teddy Bear Zip Line off the Church Tower is back! Just bring your Teddies for a free ride (or several) down the zip line!! Completely safe. Completely harmless. Completely free. We just do it for fun.



Sunday June 30th 5pm. A choral concert in the Church. "Midsummer Miscellany" by a group of professional singers, "Voices", directed by Peter Fatcher. This covers 500 years of choral music and we are fortunate to have such a high quality choir performing for us. No tickets required. Donations appreciated.

Saturday July 20th 2pm – 5pm. The Fantastic Annual Fete in the grounds of The Aumbry in Church Street by kind permission of George Mathison. Music, Stalls, Games, Refreshments. A quintessential English summer fete!

Saturday July 27th 6pm -- 8pm Jazz on the Green. Dominic Shawcross and his band. And MORE!! Free entry but donations via raffle appreciated. Bring your own chair, refreshments etc. Pimms is usually on sale!

Saturday September 14th (or 21st) is provisionally a Quiz in the Church Hall.

Many thanks to all those who help create and support these great events for the entire village community usually in or around the church. Anyone wishing to help at any of these events (whether a regular church goer or not) will be welcomed with open arms. Further information from Bob/Larry Wheatley and Jill/John Sarjeant.

Alastair Carnegie on behalf of the St Mary's Events Team

Church Register

Baptisms: 21.4.24 Eden Brown; 5.5.24 Abbie Clubb

Funeral: 21.5.24 Una Ratcliff (Barham)

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Eastry WI

by Ann Oakley (committee member and former treasurer)

At our monthly meeting on Wednesday 1st May at 7.30 we discussed this year's proposed resolution - NHS Dentistry. This is something that has been very much in the forefront of the news recently and of great concern to many.

Clive Nuttman will be telling us all about the Orchids of Kent at our June meeting on the 5th. Visitors are assured of a warm welcome and where else can you get an evening's entertainment, good conversation and cake for £3.50? Come along and give it a go. You can have 3 visits before making your mind up.

I moved to Eastry in 2007 with my husband and daughter and within 2 years I was a fully paid up member of the WI and on the back benches of the committee. Next thing I know, I'm the Treasurer! Surprisingly, it was a job I loved and only stepped down last year. I started writing a monthly newsletter for our members in 2018 and when lockdown started in 2020 I naively said I would do a weekly edition to keep us all in the loop. 75 weeks laterWho knew lockdown would last so LONG.

I have made many great friends over these years and been involved in many activities, from lunch club to visiting other WIs, stately homes and being part of the winning team in competitions. If you are new to the area and want to meet like minded, the WI is where we are.

Contact details for WI: Sue Hankins 01304 619414

Melting Moments - Chris Scott

Here is a make-ahead dessert, made very easily and quickly, using the microwave.

Pineapple Creams - serves 4 - 6

1 large can Pineapple pieces (or rings which will need to be chopped)
 50g (2oz) Cornflour
 100g (4oz) Sugar
 2 tbsp Lemon juice
 200ml (1/2 pint) Double cream or Greek yogurt

Drain the pineapple juice into a measuring jug and make up to 1 pint with water. Put the cornflour and sugar in a bowl and stir in some of the liquid. Once it is well mixed, stir in the rest of the juice and water and cook, uncovered in the microwave, on High for about 5 minutes or so until thickened, stirring at least twice during the cooking so it stays smooth. Stir in the lemon juice and then cover, either with cling film or dampened greaseproof paper which touches the surface so a skin doesn't form and leave to cool. Whip the cream until thick or stir the yogurt if using, and fold into the mixture along with the pineapple pieces. Turn into individual dishes and chill until needed.

Eastry Horticultural Society - all Eastry Gardeners



What a crazy world of nature we are living in, all of the seasons seem to have gone wildly out of the window. Many of our bulbs, plants and shrubs have been flowering or budding weeks ahead of their normal scheduled time slot, they may make the gardens look beautiful but are proving to be a nightmare for those preparing for shows. Because your gardens and the verges are all looking so good now is your opportunity to take photos and send them off to Rob who will add them to his wonderful annual slide show creation which he submits to us all at our Christmas meeting. However please send them in 3s and 4s rather than in a larger batch of 10 or so. If you have any technical problems in submitting them just contact Rob who will try to help you out.

Our March meeting included an intriguing talk on Orchids, presented by our celebrated and knowledgeable speaker David Roberts, during which I doubt that many of us had even remotely considered that there could be so many different variations of such a supposedly rare and delicate plant, all in it was a really interesting talk that quickly got the thought patterns wandering. This was followed by our Spring show, which as usual was a great success, in spite of the extremely varied seasonal



growing conditions, there was far more entries than we expected. All the classes were well competed for but once again coming out top with Best in Show was our own magic flower man, Trevor of course, who also won the F Hogben Challenge Cup. Our other major trophy winners were Diane who took the trophy for the best exhibit in the very well supported Floral Art classes and Linda who took the Janet Summers Trophy after a great battle in the amazing and always very popular Domestic classes. Amongst our many admirable winners in other classes was of course Rob whose magnificent entry in the new Men Only Victoria Sponge competition was admired by us all, but sadly none of us got a taste of his efforts. Sadly the past few weeks have not been too good for some of our members, Jacki, Brenda, Anthea and Lynn have all had lengthy periods of not enjoying 100% health wise. I am sure that you all wish them a speedy recovery.

For many of us the past couple of months have been far removed from the good gardening weather we all need. But with summer now upon us what should we all be doing out on the plots. Well for a starter our Roses will require attention such as deadheading, but also treat with a good fertilizer. Really try hard to get on top of any weed problems. If you have to do a lot of watering it is a job far better done in the mornings as evening damp can often be the source of mould. If you are a container gardener don't forget to give the plants a weekly dose of fertilizer and thin out your pond plants if they look as though they are taking over.

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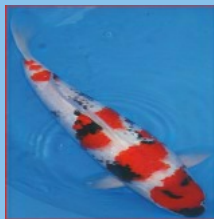
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Eastry Church of England Primary School

Eastry Young Writers at Kent Mining Museum



Six of our pupils recently represented the school at a writing workshop held at Kent Mining Museum. Working together, they created their own story about Ross the Mouse, who with his family and friends inhabits the land of Mousetopia, situated in the deepest, darkest part of a mine. The group created their own illustrations for their story and they hope that it will be published by the museum. The children were excellent ambassadors for the school and thoroughly enjoyed their day in

the beautiful surroundings of Betteshanger Park.

Slow Down for Eastry 20mph Campaign

Eastry Parish Council is still pursuing a 20mph zone for the village. We think this will improve our village and remind drivers that speeding is anti-social and dangerous. To achieve this goal, we need to reduce the recorded speed of drivers using our lanes and streets every single day. We have received much support for the "It's the limit not a Target" red banners on the approaches to the village. EPC have designed with the help of local designer Mark Ansell a speed awareness campaign which you will see over the coming weeks.

In the meantime, we need a cohort of volunteers to resurrect our SPEED WATCH activities. Community Speedwatch is a road safety initiative that's coordinated by Kent Police and run by local communities. Trained volunteers monitor the speeds of vehicles using approved speed indication devices. please contact the Clerk Jo Jones clerk@eastry-pc.gov.uk (This item originally appeared in last month's edition but has been reprinted due to on-going issues of speeding and parking).

Anti-Social Bike Use.

There have been queries from the NHW regarding anti-social motorbike/off-road bike use. It is important these incidents are reported to the police. However, there is some uncertainty what the law is, and what details to report. This is clarified in this article.

Criminal activity involving off-road bikes is an issue across the UK. There have been incidents of off-road bikes being ridden illegally on roads, in parks, on pavements and in other public spaces, resulting in injuries to both riders and members of the public. There has also been damage to parks, fields, green spaces and private property.

Off-road bikes and the law

Off-road vehicles include moto-cross, trial and endurance bikes, mini motos, quad bikes and some other mechanically propelled bikes. Off-road bikes are specially designed for off-road use only, and NOT for road use. They must comply with Construction and Use regulations 1986, and be built to a specific standard in order to be ridden on a public road.

If the bike is NOT built to this specific standard, you can only ride an off-road bike legally if it is on private land and you have the land owner's permission, and ride with due care and attention. Land owned by the local council is not classed as private land. Council land includes beaches, promenades, car parks, playgrounds and parks. Riders not complying with the above face having bikes seized and could be banned from driving, fined, or sent to prison.

Quad bikes

Most quad bikes do not meet road safety standards and therefore cannot be used on the road. They need to be registered, taxed and have an MOT (if needed) to be used on the road, and the rider needs to check with the manufacturer if their quad bike has been approved for road use. More information can be found on the government's website:-<https://www.gov.uk/quad-bikes-the-rules>

E-bikes

These electric bikes are known as 'electrically assisted pedal cycles' (EAPCs). You can ride an electric bike if you're 14 or over, as long as it meets certain requirements. If a bike meets EAPC requirements, it's classed as a normal pedal bike. This means you can ride it on cycle paths and anywhere else pedal bikes are allowed. Meeting these requirements also means you do not need a licence to ride one and it does not need to be registered, taxed or insured.

E-scooters

Electric scooters can only be used on private land with the landowner's permission. It is illegal to use them on public roads, on pavements, in cycle lanes and in pedestrian-only areas. The government are trialling a rental e-scooter scheme where it's legal to use a rental e-scooter on a public road or cycle lane in the trial areas, provided you have the correct licence and follow road traffic regulations.

Peter Gill - Community Warden, Sandwich, Eastry & Ash

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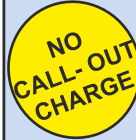
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Poets' Corner

Every Season Has its Day!

By Lin West

Hello pretty May, its June here, Spring fever is almost over
 The honey is flowing; the Bees are busy, indulging in the Clover!
 It is time for you to say Goodbye, and leave with Shrinking Violet
 Make way for the Yellow Marigold, and the stars of the Crimson Pirate!
 I know that you're reluctant to go; give up your place to Summer time
 But, May, every season plays a part, and it's now June's turn to shine!
 So just accept you've completed your role and nurtured every seed!
 Sunflowers, Cosmo, Zinnia, not forgetting the orange Sneezeweed!
 So May, welcome summer, and celebrate June's desire to flourish
 She'll warm the bed of Sweet William, and give him seedlings to nourish!
 So May, go and join April, and thank her for the fragrant flowers
 She played her role in Spring too, with her gentle April showers.

Tea at Nana and Grandad 's

By Shirley Hopkins

Tea at Nana and Grandad's today, always a special treat ,
 Tinned fruit salad, it's single cherry, and bread and butter to complete

Who's going to get the cherry, us cousins would always shout,
 But Grandad always got there first, we'd very soon find out.

Then out came Grandad's slides, projector and screen,
 We'd have the finest picture show you'd rarely ever seen.
 All the family were in them, it was a spectacular show,
 Grown ups remarking how fast we kids grow.

Finally out came Grandad's spoons, crafted from some wood,
 Played on his hands, elbows and knees, he was so very good.
 He tried very hard to teach us, but to no avail,
 There's no one quite like Grandad, he was completely off the scale.



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Result of Meeting called for Eastry Theatre Company (26/02) and reported to Eastry Village Hall Council. (26/03)

Unfortunately, the attendance at this meeting was very poor, with only six people attending; excluding myself, the specially invited secretary of the Village Hall Council to take notes, five previous members of the E.T.C. were in attendance, along with one interested villager.

It was resolved that, according to the terms of reference of Eastry Theatre, there was an insufficient number of attendees to hold the election of the Executive Committee, which was properly advertised.

The decisions of that meeting were as follows:

1. The E.T.C. was to discontinue henceforth.
2. The remaining funds would be kept separately by the Village Hall's accounts Treasurer.
3. The Props Room on the balcony would have a charge of £25 per month and be used to contain the E.T.C.'s costumes and ancillary parts for two years from this date and would be made available if a village company wished to form a future drama club.
4. The other items owned by E.T.C. are to be obtained and made available until the April meeting in 2026, along with the contents of the props room and available funds:
 - a. The black cloth curtains which hang across the stage halfway along;
 - b. The stage extension which is kept under the stage, with the platform stored in the chair store room;
 - c. The special village street scene, which was painted by Anne Beerling, who has requested to be pertained in perpetuity. It is covered by a green curtain, which belongs to E.T.C.;
 - d. The Yamaha Electric Piano which belongs to E.T.C. and was purchased with a handsome grant from the Coalfield Regeneration Fund some time ago. Being available for community usage, but requires proper storage.

At the time of purchase, an agreement was reached between the headteacher of Eastry Primary School, then Mr. T. James, and the E.T.C. to store the piano at the school. It became well-used there, along with company productions in the Village Hall.

Unfortunately, the present head teacher has revised this agreement, and has had the piano removed from the school and they are now over subscribed with such instruments. The piano now resides in the Church Hall, with permission from the previous vicar, Rev. David.

The E.T.C.'s treasurer has recently received notice from E.T.C.'s bearers that they are intending to shutter the company's bank accounts, so it will be necessary to open another bank account, containing E.T.C.'s funds. The reason for this is the lack of use of the present accounts, so no further E.T.C.'s monies can be spent until the new account opens. The village hall council will be very keen to help anybody interested in starting up another drama company.

John Waring

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Heat

All living things require energy. They need it to assemble smaller chemical molecules into larger ones, like proteins, fats and nucleic acids and then assemble these into cells and cell structures for growth and reproduction. Most also need energy for movement. This energy, along with the smaller chemicals, is derived from food. The food is first digested, broken down into smaller molecules and then many of these are oxidised, in a process called respiration to release their energy. All of these processes involve chemical reactions and are collectively called metabolism. They require heat energy to occur. From where does this come?



In us, humans, and in all mammals, along with birds it comes from oxidation of some of our food; we make it ourselves. We are 'warm blooded' or, put better, endothermic. All other living things get this energy from their surroundings. They are often called 'cold blooded', but if their surroundings are warm they are not cold blooded at all. They

are better called exothermic. Many of them have evolved strategies to maximise the heat they gain from and minimise the heat they lose to their surroundings. For example watch butterflies. On a warm sunny day they spend a lot of time 'sunbathing' with wings open on a flat surface or the top of a plant. If the sun goes in they will close their wings to reduce the area from which they lose heat.



Being endothermic allows birds and mammals to remain active even under cold conditions, but there is an energy cost; they have to eat much more food just to keep warm. The smaller they are the greater the



relative food need as small means a bigger surface area, for heat loss in relation to volume where the heat is generated. Related animals, for example Fennec Foxes, which live in hot desert regions, Red Foxes, which live in temperate regions, like here and Arctic Foxes are respectively small, medium and large and their ears and muzzles are respectively large, medium and small. Can you

work out why from what is written above?

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